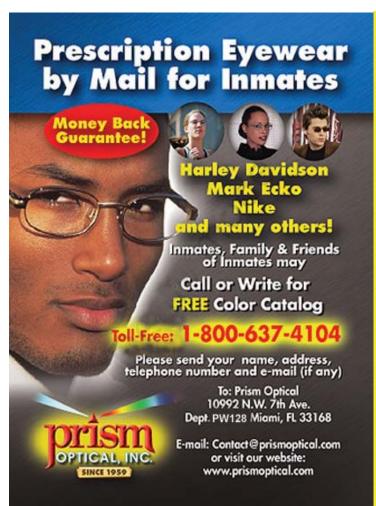


2008



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The Scientific Base of the World Remade: Pi Discovered 21st Century & Beyond

Hisham Z. A. El-Amin

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"Research, or the gathering and assessment of information, is dependent upon the recognition of threads of commonality, which connect the information which is available to us, in such a way, as to form patterns of order, which foster understanding. For a researcher, a pattern discovered, is a problem potentially solved. This is due in great part to the fact that patterns -being forms of order- set a basis from which one can begin the process of reasoning.".... Except from the book "The Scientific Base of the World Remade: Pi(n) Discovered. 21st Century and Beyond" Copyright 2006 " Hisham Z.A. El-Amin. First Printing, 1991.

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Maria P

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Trivia Twist Answers For November Issue

- 1. Greg, Marsha, Peter, Jan, Bobby & Cindy
- 2. Chicago (housing project)
- 3. Stephan
- 4. Beverly Hills
- 5. Saundra, Denise, Theo, Vanessa & Rudy
- 6. Harlem
- 7. Baretta
- 8. Pop Locking
- Gilligan, The skipper, The millionaire and his wife(The Howells) the movie star (Ginger), The professor and Marvann
- 10. Langley College (Facts of Life)
- 11. Tom Jones
- 12. Gimme a Break
- Gomez, Morticia, Pugsley, Wednesday, Uncle Fester and Grandmama (The thing, Lurch, cousin It & Uncle Fester were all extras)
- 14. Hawaii (5-0)
- 15. Vicki (The Love Boat)
- 16. Full House
- 17. Herman, Lilly, Eddie, Marilyn, Grandpa
- 18. Jamaica
- 19. Jamie Summers (the Bionic Woman)
- 20. A Motorcycle (Chips)

VIP Trivia Twist Answers

- Dallas Cowboys, Pittsburgh Steelers, San Francisco 49ers
- 2. To see the wizard
- 3. Hillary Clinton
- 4. Jada Pinkett
- 5. 36
- 6. Miley Cyrus
- 7. Arizona
- 8. Campbell's
- 9. The Commodores
- 10.9

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PRISONWORLD BOOKS/FILMS - We are happy to announce that now you can submit your completed book manuscript of film script for review and possible publishing. We will be reviewing written works for the next six months before we make any decisions. Here are the rules:

1. Book Manuscripts and Film Scripts MUST BE COMPLETE. Any that are not will be thrown in the trash. NO EXCEPTIONS!!!

- 2. We are looking for "better than ordinary" material so anything that is full of sex and profanity does not meet the standards. We are looking for those who are thinking "outside the box."
- Manuscripts will not be returned unless a self-addressed stamped envelope is provided. Envelope must be correct size and postage in order to be returned.
- 4. We do not copyrightwork nor do we "steal" work. Please make sure that if you want your work copyrighted, than you do what is necessary to make that happen. If your work is not copyrighted than we need to be informed so we know in which direction to proceed. It will not deny the reviewing of the material but we do have extra steps that we take with non-copyrighted material.
- 5. Submissions costs \$10, unless you are a VIP. Why? Because our time is valuable. With over 2.3 million people incarcerated and the majority of them trying to be writers, we would be overwhelmed with submissions. Our staff is small and our days are full. Also, this helps us to distinguish who is serious and who is not. We will accept 30 stamps for this service as well.

Please remember we are not looking for the average thug story that you can get from every drug dealer. The story needs to be unique and the writing needs to jump off the page. We look forward to all submissions.

CONTEST MANIA

In this issue we only have the TRIVIA TWIST for everyone. VIP TRIVIA TWIST is on hiatus until a later date. Winners of this issues' TRIVIA TWIST will receive a FREE MYSPACE PAGE along with all of the extras. CONTEST MANIA has TWO contests for VIP's this time. The prizes are only going to get BIGGER AND BETTER so tell everyone you know. Take a few minutes and get your mind off of your situation and think of ways to be a winner. We don't believe in luck but we wish you well. The most important thing is to have fun. Please pay attention to the entry deadlines because there are no exceptions. Please submit all entries to Dawah International, LLC, PO Box 380, Powder Springs, GA, 30127. All winners will be announced in the issue following the entry deadline. Please look for the winner's circle on page 35.

CONTEST #1 – HOW FUNKY IS YOUR CHICKEN???

We are looking for the most ways to cook chicken. Make a numbered list and tell us how many ways you can think of to cook chicken. Do you fry it, bake it, jerk it, etc? We are looking for the most orginal.

Entry Deadline: March 10, 2009

Grand Prize: FREE MYSPACE PAGE

RUNNERS UP: 3 people will receive a 1 Year Free Subscription

CONTEST #2 – VIP's ONLY-THE ULTIMATE DINNER PARTY

Who would you invite to dinner? If you could have FIVE people all to yourself, who would it be? Would you invite Oprah because of her business mind? Would you invite Bill Gates just to say you met a billionaire? Or would you invite Ice Cube just because you have always admired his work? This is YOUR party. Tell us who you would invite and why. BE CREATIVE. THINK BIG. We look forward to reading your ideas.

Entry Deadline: March 10, 2009

Grand Prize: Surprise Gift

RUNNERS UP: 3 people will receive a 1 Year Free Subscription

CONTEST #3 - VIP's ONLY - THE MAGNIFICENT SEVEN

American Idol is the #1 show on television. They have had SEVEN great seasons. Your task is to name ALL seven of the winners and the 1st song they released. Hint: The song they sang when they won the show is their first song. This may take some research so that is why the prize is special.

Entry Deadline: March 10, 2009

Grand Prize: Special surprise gift. Hint: \$\$\$-There will only be one winner.



Letter from the Editors

Bismillaallahir-Rahmaanir-Rahiim, In the Name of GOD, most gracious most merciful...

Well surprise, surprise surprise...as Gomer Pyle would say. I am sure all of you are surprised to see our photo in this issue. We have been doing a lot and felt it was time to put the faces with the names. We recently appeared on Dr. Phil and The Morning Show with Mike and Juliet. Insha Allah (God willing) we will be doing other shows so stay tuned.

Spread the word that Prisonworld may be coming to your town. We are working on a show to bring you fun and entertainment...LIVE at your institution. We are only considering visiting the institutions where we get lots of mail. We have several "loyal" institutions and you guys will be at the top of our list to visit. Be sure to speak with your wardens and chaplains to express your interest in our visit.

This is our Winter Edition and it is FULL of goodies. Thank to all who enter the contests. Your efforts are duly noted. We will try to keep them creative, challenging and FUN! We will continue to post great RESOURCES (pg 36) for you. If any address or anything we post is not correct, please let us know. We like to have the most updated and verified information for you. We understand that stamps cost money. Several of you have submitted Legal Ads (pg 29) seeking help. Those ads may be answered by jailhouse lawyers or "free world" lawyers. They are viewed by many who may be able to offer assistance.

To all of the interns, we expect nothing but the best from you. If you cannot maintain your duties, please let us know. We have set the guidelines and although we are understanding, we will make necessary changes if need be.

Chech out the 15 Minutes of Fame (pg 34). Ahon comes clean about his past but still feels that he is NOT a criminal and pretty much has does nothing wrong. Somebody needs to tell him that a jail or probation sentence makes you guilty and convicted. And he still continues to do things that causes him to answer to the system.

Barach Obama (see pg 21) made history this year. He has shown us that there is strength in numbers and the system can not only be beaten but also broken. Whenever any of you are in need of motivation....think of all of the trials he faced during the election.

SHOUTS OUT to all of the jailhouse lawyers doing your thing. People may moch you or even hate on you. Mad props to all of you who are spending your time wisely and fighting the system.

From AllAH we came and to him we will return. On the Day of Judgment, would Allah consider you to be a hypocrite? Remember AllAH. Thank AllAH. Worship AllAH.

Rufus & Jenny Triplett Editors-in-Chief

Letters To The Editors

Dear Sir or Madam.

I came across a flyer about your magazine in the prison library; however I was not able to examine a copy of any issue of your magazine. I may be interested in subscribing to Prisonworld Magazine. Will you send me a sample copy of your most current issue and any other information about it? This way, after seeing it, I can decide if I want to subscribe. Thank you in advance for accommodating this request.

Respectfully yours,

James Ward 352819

Corrigan Radgowski CC

986 Norwich New London Tpke

Uncasville. CT 06382

Editor's Note: We used to ship to several libraries but have removed over 250 from our list. These libraries did not return our audit sheet addressed to the librarian so that we know who is receiving the magazine. We also removed libraries where we confirmed information that he aides were "cuffing" the issue and not letting other people read it. Some were even charging to let people read the magazine. We DONOT have sample copies of the magazine. You guys need to ask yourselves...there are over 2.2 million people incarcerated. What if we supplied a sample issue to everyone? How would we stay in business? Most people requesting a FREE sample are indigent and would not pay for a subscrition anyway. This is why it is only \$3 dollars for a single issue or 9 stamps. Some investment should be on your part if you want to subscribe or not. It's nothing personal...that's just business.

Dear Madam/Sir.

I have recently been informed that your company provides a pen-pal service for those who are incarcerated. As an inmate in the South Carolina Department of Corrections, without living family members other than a sister, I am interested in meeting a pen-pal (female) to share information, interests in life, likes and yes, even dislikes. I would sincerely appreciate any information (such as registration or membership, further information required by me, and any other services which you offer). James Farley Jr. 247642 ECI IA-168 610 Hwy. 9 West Bennettsville, SC 29512

Editor's Note: Please remember that there are a lot of people in the system and we will print your pen pals ads for free – first come- first served. Currently we are printing the ads that were submitted from December 2007– February 2008. Due to the amount of mail that we receive we CANNOT inform you of when your ad will print. You must stay tuned to the magazine. Also, you should never shun writing someone that is incarcerated. You never know what may happen. Everybody is not fake, phony and full of s#!\$.

Jenny,

I've been speaking with other inmates who are interested in your magazine and they intend on sending their info at some point in time. You sound like a really cool girl who takes the time to keep customers satisfied so I will always have good things to say about your company. Thanks again! Yours truly, David Leiby

Johnstown Community Corrections Center 301 Washington St. Johnstown, PA 15901

Editor's Note: We do try to make sure all of our customers get what they pay for and are satisfied with our services. Everyone needs to understand that life is going on over here as well and as we try to limit our mistakes things do happen. We fight illnesses, fatigue and sometimes even procrastination. Yes we are cool. Just please don't forget that we are human as well.

Nicole Simpson -As winter sets in, there is often a desire to feel remorse for your life's circumstances. However, I want you to continue looking forward and maintain focus. This is what I want you to do. So many of you have requested information on how to write a book about your life story and what steps should you take to become published authors. Let's explore this thought for a moment. What makes your story different? What is so compelling about your life? What lessons have you learned and what are you attempting to project to the universe? In a society where murder, sex and drugs sellevery story has to have something unique. Manuscripts are submitted and literally thousands are rejected annually. Why should a publisher select your story? Fiction or loosely based on truth, the story is often the same. Consider broadening your perspective and add an element of surprise. In addition, don't rush-this can be the conduit to your financial freedom. So while it's snowing outside and you're looking for something to do, write, interview other people around you, find a friend to give you insight, etc. Then begin to put certain letters in place. A publisher is often looking for a pitch letter, which is generally one page along with a completed chapter. They don't have the time nor the desire to read your manuscript. And yes, presentation is key so you want to partner with someone on the outside who can submit the manuscript on your behalf if you don't want to wait until your release. Finally, there is another option and I will discuss it in the New Year. It's call selfpublishing so begin your research today and I will see you in the New Year! Grace and

Peace be with you.Please feel free to write me at P.O. Box 723 in Scotch Plains NJ 07076-0723



TUFF LOVE, LLC

is a mail order gift company created by the family members of incarcerated individuals. **TUFF LOVE, LLC** provides affordable brand products for our incarcerated friends that will allow them to send quality gifts to their loved ones on holidays, birthdays, anniversaries, special occasions or simply "just because". **TUFF LOVE, LLC** is unlike any other mail order gift company you will ever work with....Our existence is to 100% cater to your needs. Ask about our Referral Program...**Helf Us Helf You!**

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^a% Adult/Youth Clothing

^a% Electronics & Much More

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Doing Time in Your Mind

Many great ideas are serving time being held prisoner by an attitude that confines....don't hold potential captive, dare to chase dreams, don't get caught doing time in your mind.

Restriction, preventions, of living life untrue can limit us in all we do...unleash your mind from doing time, dare to stand and be the real you.

Don't settle for less, give life your best, to underachieve is life's greatest crime...stop negative thoughts and don't get caught for the crime of doing time in your mind.

Low self-esteem and inferiority are great enemies of the mind as well...they hold you back being kept off track, because your mind is licked in a shell.

Even those who are great have made many mistakes, but they push on not being deterred...it's in their mind that you'll always find a "can do" attitude preferred.

Don't be woman, or man who fails to stand when the world attacks and is unkind...stare in the face and continue the race, don't get caught doing time in your mind.

William Coleman #1134372 Johnson State Prison P.O. Box 344 Wrightsville, GA 30196

Jihad

I struggle with being a human being and doing what's right

I struggle with being a Muslim, living Islam, and living in America

I struggle with choices and being a slave to Allah I struggle with truth against falsehood

My community of righteousness verses evildoing and evil-doers

I prepare myself as a sheep among wolves Permit me to be myself while pleasing your expectations

I struggle between music and the rhythmic recitation of Qu'ran

I struggle with Fundamentalists and my basic beliefs

I struggle with extremists and being an example I wrestle with all the backbiting and trying to be all of my brothers' friend

I want to dance, sing, and shout while marching to the beat of the message

Listening or learning

Holding back or burning

Heaven or yearning

I struggle with the impermissibility of innocent people being bombed, while being punished and blasted with gunfire

I struggle with the implications of being viewed as a terrorist, a racist, or just plain weird, when I know its not about that

I struggle with praying to the Almighty while something's great on t.v.

It's about what's inside

It's about doing dirt when you can run but you cannot hide

It's about me when I know I should abide

Marco Martin # 298601 J.R.C.C. State Farm, VA 23160

Poetic Justice

A Story from the Heart

Five generations of a close netted family has been inflicted by the manifestation of a bureaucratic system called the revolving doors of prison. My grandfather had two sons, who had two sons. I am the third generation and I have two sons, my brother has two sons. My grandfather's brother has four sons and they have five sons. The family name Bridges is not a common name. In fact every Bridges' I've ever ran into were somehow related to me and my family here in California. The sad disturbing part of this; my grandfather's sons were in and out of prison, the four son's of his brother were in and out of prison. My brother and I have been in and out of prison. My son's are both in prison. My brother's sons are I prison. Right now today throughout C.D.C. system, there are nine Bridges' men who are in prison, six of the nine have a life sentence. It's not only sad, it's down right disturbing.

This has made me believe that my purpose, my calling in life, is to stop this madness, stop the next generation of my children's children from coming to prison. By educating, teaching them, and making them understand that this cycle must stop. I have a plan to start a non-profit organization called, 'Project Get Off Parole' upon my release in hopes that I will be able to teach my children's children the right tools that will change the pattern of the last five generations.

As a youth my grandparents, aunts and uncles, and my parents all told me if I did not go to college I would end up in prison or dead in the streets. As sure as I sit here writing this story, I can see the tears in my mother, grandmother, and my favorite aunt's eyes, all pleading with me to change m life. I sis go to a city college and received an AA degree. I had opportunity to go to a four year university, but due to my misguided, illusional state of mind, I falsely convinced myself that I not only had a future, but I could become successful and powerful, as a drug dealer, hustler of the streets.

I had some success, and gained lots of power and respect, along with many material things. But believe this; each time I took a fall, got busted, went to jail, all the material things, cars, homes, money and fast women all left, faster than I gained them. The high bails, high price attorneys left me broke every time. During the course of my going in and out of prison, it not effected me and my given situation, it hurt and scared all of my children, and those who loved and cared about me. What's even sadder, is the fact that each time I got out of prison, I went back to the streets, the game, the fast life of getting money the easy way.

This 17 years of incarceration has made me see life from a new perspective. I've come to understand that it's not about me anymore. It's about the love that's in my heart for those who cared and loved me. Its about my children, my family, putting their feelings first and considering the effects of my actions and what it was doing to each one of them.

I've come to realize in order to make change, to help and aid my children's children from going in and out of prison as the last generations have. I have o man up, accept and own up to my responsibility. The buck must stop here with myself.

Michael Bridges P.O. Box 799001 F1-4-2011

I Miss You:

well.

Essay Winner from the April/May Contest

San Diego, CA 92179

I Miss You

I Miss You: when something really good happens because you're the one I want to

share it with

when something is troubling me, because you're the one who understands me so

I Miss You: when I laugh and when I cry, because you're the one who makes the laughter grow and the tears disappear

I CAN'T BELIEVE HOW MUCH I MISS YOU BABY

Horace BoBo Thomas # 148401 HCCF/ Unit GC# 214 P.O. Box 549 Whiteville, TN 38075

Poetic Justice

Peer Pressure

Who are your peers? Your peers are persons who are the equal of another in abilities, qualifications, age, background, or social status. Or simply put, peers are the individuals you surround yourself with.

What exactly is peer pressure? Well....most dictionaries state, peer pressure is, "social pressure by member of one's peer group to take a certain action, adopt certain values, or otherwise conform in order to be accepted."

There is no definite truth about peer pressure that I'm aware of that can be said to make you fully see peer pressure for what it is. Peer pressure often comes at you in so many ways (peers, friends, family, and/or environment) that sometimes it can be difficult to recognize.

Personally, I don't believe in peer pressure. You either want to do something or you don't. Just think about it for a moment. If it's something you truly don't want to do, chances are really slim someone can talk you into it. Peer pressure is basically your so called friends talking to you into something you claim you wouldn't normally do, had they not talked you into in.

We all have heard of this before from some one in our lives, "If your friends jump off a bridge, would you?" And the ever popular answer is "NO". Why? Because you don't want to, and it's a strong possibility that if we jump off a bridge, we just may get seriously hurt or die. I must admit, when I first heard that saying, I really didn't think anything of it. I really believed at the time that it was the dumbest and lamest saying I've ever heard, and felt anyone who would say such things just didn't understand. Now, many years and a prison sentence later, I now know that it wasn't others who didn't understand, it was me who didn't understand. Now, I understand the saying above as; the friends are the many peer surroundings that can influence you. Being told to jump, are the countless suggestions and pressures you encounter as you carry out your everyday actions. The bridge reference signifies the crossings of obstacles that you know and/or feel are wrong. The question, would you do it, simply put in perspective how negative the first three can be if acted upon.

Peer pressure can often be so tempting to give into. Wanting to fit in with your friends, be accepted by others, not considered an outsider, etc....and give into peer pressure often leads and/or puts you in some very undesired, harmful, and/or life threatening situations.

Why let someone else talk you into doing something you don't want you to do? I don't know...you'll have to answer that for yourself. As you answer that yourself, understand this fact, no matter what (or who) you allow to pressure you into something, "You" are the person that has to deal wit the consequences and repercussions of those actions.

Are you going to allow someone or something to persuade you into a situation that could very well take you the rest of your life to clean up or resolve? Once again, that's the question for you and only you can answer. So think about it carefully and decide what path you want to take. Or, you can take your chances and let others pressure you in a certain path and see what happens.

Shug Robinson P.O. Box 549-323674 Whiteville, TN 38075

Question!?!

What woman is worth my life as a sacrifice? Worth my cries and dreams of the night? Can take my screams of pain and make everything alright?

Can see my beliefs and encourage me to reach higher then the sky? Making her ways my positive light? A guidance I crave, even out of sight, and still will be stuck deep within my mind?

Someone I could see even if I were blind?

Making my attention upon her worth my time?

So fine, divine is her kind?

That's the type of woman I would die to make mine Yes only the best is what I wish to wine and dine The type that my curiosity would love to find! "And so I seek the perfect lines for my perfect rhymes..." "Are you the answer to my question?

Ronald Eddy 40319-037 USP Hazleton P.O. Box 2000 Bruceton Mills, WV 26525

Loneliness

Loneliness is the spear that pierces my wings at the most unexpected moments. The day can be going as well as can be expected in prison; and a female passing by will make my heart stop; and a sad ache in my soul for true companionship takes hold. The curve of her hips; the gentleness in her eyes, the warmth of her personality....whether she is a guard, nurse, or counselor...sends me spiraling down memory lane. How it used to be with me and the ladies in society was robust and heartwarming. Alas, decades behind bars make those realities as far away dreams. If only I could hold a vibrant woman's hands in mine, and gaze at the mysteries of her smile and the light shimmering in her eyes; I could remove the spear and let healing take hold. Just another day behind bars and I sigh deeply as I carry on; my arms empty. My spirit longs for immersion in the queen of femininity that has to be out there for me. In the dance of our souls, I will give as much as I take, and in an oneness of mutual respect, smiles, understanding, and caring, we can transcend all boundaries, and together become whole. I know you are out there. At night my essence leaves my flesh as I toss in restless sleep, and unerringly it embraces you in dimensions where all is beauty and joy. I lightly touch your lips with rose petals; laugh as moonbeams soar us past starbursts of rainbow colors, and hug you as angels sing our joy reflecting off of waterfalls.

Alas; in the waking world; you are only a shadow from the future in my mind. I know you are there somewhere. Help me; reach out to me in friendship so that we can begin. This is the beseeching cry from every male prisoner; and it resonates and vibrates from every pore of my being.

Step forward from the shadows; Dear lovely Ladies; reach out and help bridge the chasms. For loneliness is not only a prison of fences and bars; it can be in you too. In society; the chrysalis of love that can send your heart soaring into heavenly bliss could very well be found in a man in prison blue.

John Merritt 058704 E4-105U Hardee Correctional Institution 6901 State Road 62 Bowling Green, Florida 33834-8976

Struggle

Don't hold on to victories of the past, Gear yourself to move forward, for those moments don't last

Oh, it's good to acknowledge battles that you have won But those triumphs, they fade, mark them off and move on

For this life that we live is a struggle each day Only those who are losers think that there's time to play

But don't get it twisted, you can still enjoy life God just wants us to work for the goals for which we strive

So hold on the fan-fair....and forget the parade For this struggle, it continues...from the cradle to the grave

DeAngelo Johnson, Sr. #243741/SCI 100 Corr. Dr. Stanley, WI 54768-6500

Lonely Woman

My lonely woman has not yet found her lover in me She has only loneliness and seeks no desires, and her loneliness tears her apart inside

She's like a tree, alone, having company only at unwelcomed times

Will she ever give in to my love? The love she knows Exist, but yet she closes her heart too? I so, how Will I know?

Why is my woman so lonely?

Have I not fulfilled her dreams and gave her the world? Has she not been hurt before and fears another incorrect lover?

Though never knowing of the man I am, yet she quizzes my love

Maybe sounding insane, I vow I'll never leave her because She is honest and caring, and she's my lonely woman.

Darrin Henry 85B0096 Woodbourne C.F. P.O. Box 1000 Woodbourne, N.Y. 12788

Time

They say time heals all but it's been known to kill some

Young, dumb, and known to listen to none

Thought it was fun to sell dope and pack guns

Thought he had homies until he got locked in a cage and realized he had NONE!

He had fun; I guess if that's what it could be called

Toughest cat on the streets but when the judge said "LIFE", he bawled Curled up in a cell he continued to cry as he looked to the sky He asked hid God "WHY?"

He awaited a reply, it was silent as mimes

Then God said "Oh, now you know my name after all this time."

Time after time you had time to quit, but you kept saying "Please, just one more lick?"

Time and time again I obliged, hoping you'd wake up, fly right, and get wise

When trouble came you'd call I'd come

But every time I called you, you'd pick up and run,

Now it's time to pay for the wrongs you've done

The judge said "LIFE" but I've got the final call,

Now you think about that as you lay there and bawl

See I've watched you walk now again you crawl

You know time kills some but they say

TIME HEALS ALL!

Damien Jackson #31045-177 FCI Florence (SHU) P.O. Box 6000 Florence, CO 81226-6000

Reflections on a Reality Check

Once upon a pleasant time there was a blessed, charismatic, good looking young man who had everything going for himself. Then, out of a jaundiced notion to be accepted as a "cool guy" he befriended individuals who regularly use drugs. His dreams thereafter faded like a worn-out pair of Levis. He could have enlisted in the armed services. He should have finished school and enrolled in college, to choose any number of professions. He then would have worked hard, saved enough money, and lived to his retirement on one of those exotic islands that serve mai tais for breakfast. Could have, would have, and should have. A sad series of have-nots.

Fast forward twenty-seven years...this man now asks: "What on God's green earth would possess me to sabotage the best years of my life?" Let's analyze that question.

As a result of acting as the getaway driver for two perpetrators to commit a robbery (a crime that he deeply regrets), he has thus far spent ever two decades in prison. He lives amongst a sub-culture that harbors disdain for authority, a lack of respect for women, and no consideration for other people's feelings. This is not to imply that the above-mentioned description is all inclusive of men behind bars; there are anomalies. For no reason of misbehavior, successfully completing all therapeutic programs, or establishing a record of rehabilitation while incarcerated, this man's parole application has been rejected on two occasions. He is constantly told what, how much, and when he can eat, what clothes to wear, when he can phone home, how many books, socks, and underwear he can have, and when his wife/family can visit him: basic amenities of freedom that most people take for granted.

An internal inspection reveals the following. He constantly battles against despondency from creeping into his bloodstream. Depression occasionally puts the heat on his positive disposition. The desire to capitulate disguises itself like a strawberry-milkshake mirage in the desert. The inability to be mush use to his wife/family scorches his self-worth. And today is his grandfather's 100th birthday, a most memorable one of a kind family celebration that is an oasis of joy he can not share in.

Here's the most peculiar point of interest that I wish to highlight: Why is it that now, when this man waddling knee-deep in a degenerate-infested environment, he does not entertain any thoughts of escaping this harsh reality in the way he did when he was a young man? What majestic pool of courage does he draw his strength from? Seemingly, from a psychological perspective, this type of negativity should utterly vivify his desire to use drugs. Yet, it does not.

You see, that are a few aspects of life this man now recognizes as major components for a harmonious society. Though this man dropped out of high school in the ninth grade, he earned a master's degree in theology during his incarceration. He recognizes how important family values are and longs to raise his own family with a woman who taught him the intrinsic value of love. He recognizes how illogical his decision was not to take advantage of career possibilities available during his youth. He understands how rewarding it is to maintain a relationship with God. Most definitely, he knows how u-n-i-m-p-o-r-t-a-n-t it is to be cool.

With an overpopulated gray-haired scalp and the impact maturity has on his value judgments; the climax of our analysis intensifies when we consider the specific wherewithal this man has developed. This capacity allows him to think differently. His selfishness transformed into selflessness. He can foresee and weigh the consequences of his actions. Compared to people in the third-world countries who suffer indiscriminately from the spitefulness of poverty, he now feels ashamed that he once associated his own suffering as being qualitatively equal to true affliction. He still has trouble sleeping yet he awakes with a glass-half-full attitude. More importantly, enlightened by his renewed sense of being blessed, a purpose driven life is what preserves the spiritual goodness he has restored in his soul.

The name of this man is, Alvaro Adolpho Sanchez Jr. I have a lot of confidence that resilient spiritual energy he utilized to turn his life around will carry him even further to bring about a positive impact an all his endeavors.

Alvaro Sanchez Jr. 87A7358 99 Prison Rd., Box 1000 Woodburne, N.Y. 12788

True Love Will Remain

Is it better to have loved and lost, than not love at all?
The sudden stop definitely hurts worse than the fall.

Life is about chances and lessons to be learned Love is "Once bitten-Twice shy" after the bridge is burned

Suddenly you find yourself putting the pieces back in place But it can never be the same; there is a dark empty space.

Wise men say "If to love something let it go-the heart will sustain" But they forget to mention the loss and it's crushing pain

And so you begin to question every single "I love you"
Every intimate moment, and the things you would do.

The questions lead to doubt, and with doubt comes despair
Because everything you question, a memory lingers there

Wanting the pain to go away, but it's so hard letting go And the ties that bind, will make closure come very slow!

It will eventually come, and time will ease the pain
But deep down inside the heart-true love will remain

Jerry Ferguson # 130810 Roederer Correctional Complex Unit 5-B3-10 P.O. Box 69 Lagrange, KY 40031

Poetic Justice

"Uncommon Sense"

All through my life I've heard the saying "common sense" being applied to everyday issues that some look at as having an obvious answer, or outcome. As said, "Ever action has not only an equal opposite reaction, but a commonly expected one as well. It is this "common sense" that I've found, however, to be the demise of so many of us here. When we look at society as a whole, it's shown itself to allow certain dangers and abnormalities in character, hate, greed, prejudice, and even the idea of anarchy itself, has identified themselves as "common sense" markers.

We seem out of step or off balance if we aren't looking at our world in any other way than in an "either/or" point of view. After all, isn't that how most of us have been raised? History has shown this "common sense" way of perceptionalizing everything, thread itself into every facet of our very own existence. Through this melding of thinking and perceiving, somewhere along the line, we lost interest in things in our lives being uncommon, one of a kind, and individual.

We want to fall into assimilation of what's common in our environment, even when our senses at our very core. Tell us different. At times, we even hold our own feeling at bay, to be as common as possible. We do this so as not to stick out amongst the common multitudes, or bring on any unwanted and unnecessary attention to ourselves. It's as if we literally submit ourselves as sacrificial lambs for the common good, as society views it, but what happens to the "greater" good gets lost somewhere in the translation.

What I see as amazing however, is that we have a fascination with super heroes and super human doing uncommon things in books, comics, movies and television. Those fantastic lives and fantastic abilities always seem to astonish and amazes us. We as, human beings, hold up certain individuals on a higher plain than others and label them; "Great Minds", or "Geniuses". We look at them as being almost alien and harbor some form of disdain for their going against the grain of all the commonality we hold true to.

The foolishness in this, as I see it, is that after we close the book and cut the television off, we fall right back into the commonality of our mundane, and repetitive everyday lives as if the feats are unreachable, or unattainable for some unforeseen reason. We don't see these "**Great Minds**" in ourselves for the mindness we've settled for because that's how we think is the only way we **can** think. We than tend to disguise that lack of risk taking in thinking behind a false ego, or some false pride. For a lot of us, the idea of free thinking brings on a fear that seems to threaten the outward appearance of our character, that fear that seemed individual at first glance has now permeated itself into our society as a whole.

For this reason, I see "Uncommon" sense as the only way that the human race can have a future. As we find ourselves now divided into common groups, the common threads that sow common sense into the collaged fabric of our lives, is now tearing at the seems. It is "Common Sense" that if I'm over here, you're over there, but it's Uncommon to rejoice and say that we're together. It is common because I'm black you can hate me because you're white, but it's Uncommon for you to call me your brother.

Through these patterns, "common sense" dictates not only how I think, but how I feel, act, dress, and even talk. It has now become common sense that I have to fix into the stereotypical boxes that society has approved popular culture gives it's okay to. Fortunately, for myself, as a traveler on the road to my becoming a "Person of Wisdom" I know now that true knowledge is gained through the usage of uncommon sense. It is the realization that we can think outside the box because the box never existed in the first place. "Common Sense" has served to railroad many of us into choices that we never had to make or take, but society and it's pressures prescribed as the naturally reacted remedy, for that particular situation. Now, it's the "Uncommon Sense" the sense of our individualism and uniqueness, that gives our thoughts, actions, and freedom of expression back and puts them in our own hands, where they always were. For myself, Uncommon Sense is neither a question nor answer, but a way to live my life.

Derrick McKissack #387406 P.O. Box 549 Whiteville TN, 38975

ISLAM 101 (EID Mubarak)

It takes a strong person to be Muslim. I can say that because I am. Daily I face ignorant statements made about my religion and discriminations based on falsehood. There is a common statement made that if someone doesn't know about something that they tend to fear it. Well I have to ask the question then who really has the problem? In today's world, the media is really to blame for the majority of the misconceptions you see regarding Islam. If you did not grow up around Muslims and all you ever saw was a terrorist on TV, then you tend to believe that that is what Islam is all about. Nothing could be farther from the truth

Very briefly I will explain the basics of Islam. I would rather more people know the truth than make untruthful statements because you don't know any better. One thing God definitely gave us all is a brain. I would think that is a place where you have nothing but time to strengthen your largest muscle; you would use it to educate yourself. Knowledge is power. Ignorance is oppression.

THE FIVE PILLARS OF ISLAM I SHAHADAH – profession of faith

II SALAH – prescribed prayer
III SAUM – prescribed fasting
during the month of Ramadan
IV ZAKAT – prescribed charity
V HAIJJ – prescribed pilgrimage





What is Eid al-Adha

At the end of the Hajj (annual pilgrimage to Mecca), Muslims throughout the world celebrate the holiday of Eid al-Adha (*Festival of Sacrifice*). In 2008, Eid al-Adha will begin on approximately December 8th, and will last for three days.

What does Eid al-Adha commemorate?

During the Hajj, Muslims remember and commemorate the trials and triumphs of the Prophet Abraham. The Qur'an describes Abraham as follows:

"Surely Abraham was an example, obedient to Allah, by nature upright, and he was not of the polytheists. He was grateful for Our bounties. We chose him and guided him unto a right path. We gave him good in this world, and in the next he will most surely be among the righteous." (Qur'an 16:120-121)

One of Abraham's main trials was to face the command of Allah to kill his only son. Upon hearing this command, he prepared to submit to Allah's will. When he was all prepared to do it, Allah revealed to him that his "sacrifice" had already been fulfilled. He had shown that his love for his Lord superceded all others, that he would lay down his own life or the lives of those dear to him in order to submit to God.

Why do Muslims sacrifice an animal on this day?

During the celebration of Eid al-Adha, Muslims commemorate and remember Abraham's trials, by themselves slaughtering an animal such as a sheep, camel, or goat. This action is very often misunderstood by those outside the faith.

Allah has given us power over animals and allowed us to eat meat, but only if we pronounce His name at the solemn act of taking life. Muslims slaughter animals in the same way throughout the year. By saying the name of Allah at the time of slaughter, we are reminded that life is sacred.

The meat from the sacrifice of Eid al-Adha is mostly given away to others. One-third is eaten by immediate family and relatives, one-third is given away to friends, and one-third is donated to the poor. The act symbolizes our willingness to give up things that are of benefit to us or close to our hearts, in order to follow Allah's commands. It also symbolizes our willingness to give up some of our own bounties, in order to strengthen ties of friendship and help those who are in need. We recognize that all blessings come from Allah, and we should open our hearts and share with others. It is very important to understand that the sacrifice itself, as practiced by Muslims, has nothing to do with atoning for our sins or using the blood to wash ourselves from sin. This is a misunderstanding by those of previous generations: "It is not their meat nor their blood that reaches Allah; it is your piety that reaches Him." (Qur'an 22:37)

The symbolism is in the attitude - a willingness to make sacrifices in our lives in order to stay on the Straight Path. Each of us makes small sacrifices, giving up things that are fun or important to us. A true Muslim, one who submits his or herself completely to the Lord, is willing to follow Allah's commands completely and obediently. It is this strength of heart, purity in faith, and willing obedience that our Lord desires from us.

What else do Muslims do to celebrate the holiday?

On the first morning of Eid al-Adha, Muslims around the world attend morning prayers at their local mosques. Prayers are followed by visits with family and friends, and the exchange of greetings and gifts. At some point, members of the family will visit a local farm or otherwise will make arrangements for the slaughter of an animal. The meat is distributed during the days of the holiday or shortly thereafter.

PUZZLE TIME

State capitals

Supply the missing vowels to give six 6-letter names of countries.

BLZ CND KWT MLW MXC PNM

Unscramble the following words:

I. GOYONRMTME	There was an old woman who
2. AUNUJE	lived in a shoe, and the only food
B. NOIHEXP	she had for her ten children was six
4. ROACTENSMA	potatoes. How did she make sure that each
5. ALAEESLSTAH	
6. BOEIS	•
7. NARRFKTFO	
8. EKAPTO	What three letters can be placed in front of each of these words to
9. SUTAAGU	form a navvvvand?
10. GAISLNN	
11. LNISOPAAN	Sport Sword Sage Sable Time
12. AEEHNL	
13. ILCNONL	A man died, leaving \$10,000,000
14. BUCLMOSU	for his widow, 5 sons and 4
15. ASLEM	daughters. Each daughter received
16. ISUNAT	1 1, 1
17. ROCNHMID	daughter, and the widow received
	three times as much as a son. How

Peter picked one pepper more than Paul. Pat picked one pepper more than Pam. Peter and Paul picked 10 more peppers than Pat and Pam. Peter, Paul, Pat and Pam picked 60 peppers. How many peppers did Peter pick?

What do the following words have in common?

WORK HOBBY WAR SEA RACE See answers pg 18

Se	e answe	er pg 32		much d	lid the w	idow re	ceive?	
	4			6				
	2	5	1				9	
1				9	3		2	
	1				9	6		
		4				7		
		9	6				1	
	5		8	3				4
	8				4	3	5	
				2		2	7	

Page 12

Across

- 1 Motown, for one
- 6 Hair applications
- 10 Prefix with port
- 14 Humble
- 15 Spoils
- 16 "__ for All Seasons"
- **17** Vice ___
- 18 He's out of this world
- 20 Stuck
- 22 Abate
- 23 Founder of the American
- Shakers
- **25** Jug
- 26 Saw eye to eye
- 28 Rustic
- 30 Test site
- 31 Send for consultation
- **33** Upholstered couches
- 37 Sib for sis
- 38 Reigns
- 40 Epitaph letters
- 41 It's sweet and viscid
- **44** Ape
- **46** Out __ limb
- 47 Trimmed
- 49 Birthplace of the Apostle Paul
- **51** Breastbones
- **54** Early variety of harpsichord
- 56 Pasta dish
- 58 Ugandan city
- 61 Very high, musically
- **63** __ in the hand ...
- **64** Competes
- 65 Algeria's second largest city
- 66 Carried
- 67 Comfort
- 68 New York nine
- 69 Cub Scout leader

Down

- 1 Volcanic discharge
- 2 Not up
- 3 Maine resort
- 4 Ancient ascetic
- **5** Novice
- 6 Clearing
- 7 Mother of Zephyrus
- 8 They're drawn to decide
- 9 Hit
- 10 "Star Wars" character
- 11 Messages via modem
- 12 Summa cum ___
- 13 Continental prefix
- 19 Woodwind instruments
- 21 Church officer
- **24** Pupil protectors
- 26 Priestly robes
- 27 City on Lake Michigan

- 27 City on Lake Michigan
- 29 City near Provo
- 32 Seethe with rage
- **34** Cold injury
- 35 Hokkaido people
- **36** Evian and Vichy
- 39 Type of protest
- 42 Lift
- 43 Sharp aches
- 45 Choral work
- 48 Kidnapper's demand
- **50** Nike rival
- **51** Captive worker
- **52** Actress Shire
- 53 Rob of "Melrose Place"
- 55 Lowly workers
- **57** Irish Republic
- **59** Belgian songwriter Jacques
- **60** Classic Icelandic poetry
- **62** Welcome site

1	2	3	4	5		6	7	8	9		10	11	12	13
14	10		0.	a		15	15.	8			16	8	1 5	1
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20	-		(6)		21		8	22	10				1/2	
		23	8	-	100		24	۱	25		8		10	
26	27						28	29		7				
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37	-		10		38		10		39			40	-	
41	10		42	43		44	10			45	10	46	10	
			47		48		0		49		50	0	1	1
51	52	53					54	55						
56			10		i i	57	Н	58				100	59	60
61			8		10		62	8		63	8			
64	19	7	3		65	1	3	4		66		8	10	1
67	2	+			68	+				69		100	2	1

See answer pg 18





Joseph Bouldin 7-A, 17320 New Kent Hwy, Barhamsville, VA, 23011: I am 35 years of age just looking for females to correspond with for friendship. I am a very understanding, outgoing and caring person. All I ask is that you be truthful and the rest will fall into place. All letters received will be responded to.



W. Maurice Faulkner H06341, PO Box 8103, 10-40L, San Luis Obispo, CA, 93403: Single Black man, 38 years old with hobbies such as body building, old cars, classic r &B music, and being in company of beautiful women. Seeking pen pals for correspondence and more.



W.S. Muhammad 448006, EJSP, Lockbag R, Rahway, NJ, 07065: Single, 35 years old, interested in establishing intellectual dialogues and meeting new individuals. I am an avid player of chess and the study of African History. I love poetry both reading and writing and will respond to all who take time to scribe. Peace.



Kimberly Reeves 1053366, Lane Murray Unit, 1916 N. Hwy 36 Bypass, Gatesville, TX, 76596: I'm looking for true friendships that last a lifetime. I'm always up for new adventures, and love a challenge. I'm very open-minded and submissive, with a unique personality. I enjoy conversations that spark your interest and lift your inner spirit. Blond hair, blue eyes, 5', 145lbs, looking to be released in 2012.



James Kelly 157459, Unit KB-206, PO Box 549, Whiteville, TN, 38075-0549: White male, 36 yrs old, 5'9", 150lbs, brown eyes, brown hair. I like writing letters, drawing sometimes, arts and crafts and reading non-fiction. I'm interested in receiving letters from males and females ages 21 and up.



David Richards E-40024, FA7-126 Low/New Folsom, PO Box 290066, Represa, CA, 95671: Looking for pen pals. I'm already on the website Friends Beyond the Wall with no responses. I've been in prison 22 years and have been widowed twice so I just want someone to write and kick it with a little bit...nothing serious. I look forward to hearing from someone soon.



Meghan Chapman 184770, KCIW, PO Box 337, Pee Wee Valley, KY, 40056: Hello, how are you? I'm so excited that you've chosen to meet me! I'm spontaneous, energetic, and fun-loving. I'm looking for a free-spirit like myself to communicate with and possible share a life-long connection. I definitely want to relocate upon my release. Could you be the person I come home to? Write me soon and let's see if we're compatible! Until then...sweet dreams.



James B. Henderson 118149, FCF, CH1, PO Box 999, Canon City, CO, 81215-0999: 41 yrs old, 6ft, hazel/brown eyes, , Swedish. Looking for possible soul mate. I'm open to new things, honest, loyal, caring, and big-hearted. I have a lot of love to give and I'll relocate for the right person. Personal pictures appreciated. I'll respond to all letters.



Josef Amico T53931, New River East Unit, E2 109 up, 7819 Northwest 228th Street, Raiford, FL, 32026: Mixed with Black and White, 25 years, 180lbs, 5'11". Seeking someone to share my thoughts with. I'm creative, athletic and artistic. I like writing poems and songs and would like to write to you. Female correspondence please.



Anthony Spaulding K-54932, Statesville CC, PO Box 112, Joliet, IL, 60434-0112: 6'0", 190lbs, 30 years old. What's good! You looking at a real dude in search of a woman to build with. (friendship and possibly more.) I'm ready to share experiences, laughs, joys, and sorrows. I want to 'kick it' on all levels! I like studying, educating myself, creating, and doing anything athletic. It's a lot more to me so "holler" and I will hit you right back. Peace!



Jose Pizarro 281689, Red Onion State Prison, PO Box 1900, Pound, VA, 24279: Looking for pen pals.





Peter Gresham 02A2136, Eastern NY Correctional Facility, PO Box 338, Napanoch, NY, 12458-0338: I appreciate you taking the time to read my ad. 44 yr old, 5'9", 190lbs. I'm hoping to find a true friend and maybe a special someone like you to share my dreams, hopes, fears and goals. My hobbies are making greeting cards. My future goal is to be a successful businessman in mobile electronics.



Willie Ivy 93-B-2469, Attica Correctional Facility, PO Box 149, Attica, NY, 14011-0149: If you are reading these words... WOW! My prayers have been answered. Imprisoned, locked away in the Gallo's beneath the king's castle, my thoughts travel away to a vision of you. Fantasizing that you will be the spontaneous, sexy, mature woman who comes to the rescue of this 6' tall, 200lb, 41 year old man from Buffalo, NY. Contact me and I'll be free at last!!!



Toby R. Davis 234179, 3225 John Conley Dr., Lapeer, MI, 48446: Greetings Princess! I'm a 33 yr old African Prince who became very wise b/c of the roads I've traveled. I'm, 5'11", 225lbs, single w/no children but adorable nieces and nephews. I'm soon to be a published author who cherishes God, life, family, and friends. I'm open for a meaningful friendship and possibly more to a sincere woman who has a sense of direction. I vow to respond back to **ALL** letters. Be Blessed and keep God first.



Michael Bridges H-22876, PO Box 799001, 4-201L, San Diego, CA, 92179: I am an inspiring writer with three books and twelve poems that are ready to be published. I'm seeking a warm and passionate female, thirty to fifty years old, that's computer literate who wouldn't mind aiding me in getting my work published. I prefer someone out of San Diego, Orange, San Bernardino, Riverside or Los Angeles counties (California). 45yrs, 5'7", 160lbs, Mexican/Black. I'm looking to go home within a year.



Sanders E. Brown, Jr., MOCC #27110, One Mountainside Way, Mt. Olive, WV, 25185: Looking for a pen pal. Please check out my legal ad. I have been thru a lot of pain and suffering. I am looking for someone to talk to.



Cassandra Grant 1212845, LASP C4/49, PO Box 709, Alto, GA, 30510: Most of my friends call me Cassie. I am of legal age of course and am currently seeking a friend that may share my same interests and goals in life. I am open to all types of religion. I am a straight, black, mature woman that enjoys spending time reading, writing, taking pictures, listening to music and spending time on the phone talking to friends and family members. I also love the Lord. 5'7", 170lbs, looking for excitement and adventure.



William Plumley 012720 CCA-RRCC, 1752 East Arica Rd, Eloy, AZ, 85231: 44yr old, 5'10", 215lbs, brown/brown, Athabascan Indian, Wiccan. Been down since I was 18 and I am ready to meet some new and interesting people. My interests include reading, music, RPG's and figuring out current events. Recently I had noticed that the world is a very different place that it was in 1982. And I am curious as to how it affects people out there. Please take some time out of your day to share your thoughts with me.



Michael Edwards 320964, Gates CCI, 131 N Bridebrook Rd, Niantic, CT, 06357: Seeking pen pals.



Aron McDonald 06A6707, Altona Correctional Facility, 555 Devils Den Road, PO Box 3000, Altona, NY, 12910: 32 years young from the Bronx, was in love with the Dunya but now living a life of obedience to Allah. I still have Dunya in me like all of us do. I am struggling. I am looking for a nice Muslimah to write. It may help to talk to someone in the same situation as myself.



Jonathan Franzen 328973, 1045 Horse Head Rd, Pikeville, TN, 37367: Single, 27 yrs old, never been married, no kids, 187lbs, long brown hair, hazel brown eyes, 5'9", who loves to enjoy life's pleasures. I'm looking for my true Queen to stand with this King. She's gotta be loyal, open-minded, ambitious, honest, adventurous, intelligent and down for whatever this journey may throw our way. Race is not an issue. Light-skinned, redbone..it's all good. I'm all that you've been looking for in a man



James Birch 42577-037, Butner LSCI, PO Box 999, Butner, NC, 27509: Seeking pen pals.



Jon Taylor EL-9961, 660 State Route 11, Hunlock Creek, PA, 18621-3136: I am 33 years old, of reasonable intellect, of mixed descent and very personable. I'm not a superficial person. I appreciate a great personality over great beauty and rationality over nationality. I accept people for who they are characteristically and value honesty. I like conversating with females for their perspectives and opinions. My hobbies are soccer, writing, reading and exercising. Ladies Only!!!



Bobby Rubish E-37556, Kern Valley State Prison, PO Box 5102, Delano, CA, 93216-5102: A smile is a democracy..please have one. I'm 6'1", 220lbs, my body type is imperfect, single, Christian, non-smoker, non-drinker, heterosexual college grad. I like to do charitable works, sports, and movies reading books. I am simply a human being as the rest. I'm flawed and do all I can to balance life's scales. My mistakes are my mistakes and no one else's. I hope you see past the stereotype and not judge me.



Ronny Polanco 23739-050, FCI Fairton, PO Box 420, Fairton, NJ, 08320: 33 yr old male, God-fearing, romantic, caring, open minded, great sense of humor, health conscious, single with no kids. I enjoy meeting new people, reading, movies, music, exercising and Sudoku puzzles. I'm looking for a female pen pal. Race and age is unimportant. Hopefully we can get to know each other and advance to bigger and better things.



Iman Muhammad 56029, Nebraska State Penitentiary, PO Box 2500, Lincoln, NE, 68542-2500: 5'10", 200lbs, 44 years old, Marine Corps Desert Storm Veteran. Everyone has a soul mate and I'm looking for mine. I've been through many relationships that have failed but I'm still confident that you're out there. Are you the one I've been waiting for? Age and race unimportant. Help me find you. Marriage is definitely on the table.



Jerry White 67872, PO Box 607 NSP, Carson City, NV, 89702: Sup! I'm looking for single ladies. I'm single and have plenty of time to write and get to know ya. If you'd like to holler back – hit me at my address or if you'd rather email me, hit me at my sister's "MYSPACE PAGE" at: myspacestaciemann.com.



Carey Fowler 1069079, Wynne Unit, Huntsville, TX, 77349: First of all it's never easy meeting a complete stranger. I am incarcerated on a parole violation and expected to go home sometime in 2009 and if I don't I max out August 8, 2010. I'm 6'0", 223 lbs of solid muscle and I have a 30 inch waist with a cute face. I'm brown skin with brown eyes. I'm very optimistic and ambitious. I also believe in going after what I want and I believe in being very understanding and sensitive to a woman's needs. NO GAMES PLEASE!



Robin Elliott 24941, Northern Correctional Institution, 287 Bilton Rd, Box 665, Somers, CT, 06071: I hope that you eyes will stop at my request for a pen friend. I am open for conversations with the world. I exclude no one. My wants, need and desires expand the universe as I attempt to out distance the maddening affects of my isolation. Also email me at **zakia@voiceforinmates.com**.



Tanya Brooks OJ4379, PO Box 180, Muncy, PA, 17756: I'm an African-American with brown eyes, black hair, sexy chocolate complexion, 5'9", 175lbs with T.N.A. I'm 28 years old with 2 kids. I like to travel, watch sports and I'm a home body. I am looking for a friend/pen pal, someone I can build a strong bond with. Maybe on down the line we can be as one. I am open to all race and age. I'm looking to start a new life. I will be released in 2009. People tell me that I am sexy and have pretty skin.



Manuel Bobe N90968, 8500 E. Supermax Rd, Tamms, IL, 62588-3087: Seeking female pen pals.



Wendell Quenzell Caldwell AS1344, 1600 Walters Mill Rd, Somerset, PA 15510: Will answer all inquiries.



Adrian McKenzie FW8205, 175 Progress Drive, Waynesburg, PA, 15370: Single, 28ys, 6'1", 198lbs, solid, very unique, from Bronx, NY, seeking new friends and any productive outlets. Very health conscious so I strive to preserve my sexy by working out and playing basketball. I love slow jams and I also express my pain thru my music. I'm a very crafty rap artist. Will respond to all letters I receive. I'm putting my pen down so you can pick up yours. Smile!

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Prince T. Bridges V-44252, Susanville State Prison, PO Box 2210, L-4 106 Low, Susanville, CA, 96127: Seeking pen pals.



John Harding P-55305, 3-B-gym 102up, PO Box 3466, Corcoran, CA, 93212: 45 yr old who doesn't have a picture. I like life and miss people, talking, sharing and being part of the great adventure. I'm looking to open up and have someone open up with me. I like positive energy and optimistic outlook. I think people should be there for each other. Just because I am in here does not mean that I can't be there for you. All women are beautiful. Age and looks are **NOT** important. I'll answer all inquiries.



Manuel Guardado 83903, PO Box 1989, Ely, Nev, 89301: I'm 5'9", 170lbs, It brown eyes, black hair, Latin, athletic, spontaneous, intelligent, very affectionate, open-minded, easy going and great sense of humor type of guy. Seeking a loving, beautiful woman who is strictly monogamous, loyal, funny, sexy, great sense of humor, non-judgmental and is 100% devoted to her man rain, snow or shine. Age and race unimportant. I'm looking for friends or whatever. Possibilities could and should be endless.



Raymond Taylon 89004, Ely State Prison cell #1 B1, PO Box 1989, Ely Nevada, 89301: I'm 39, 6'2", 205lbs, into winning and not found of losing. I'm not interested in civilians and I don't particularly care for squares. I'm actually on the job and in search of a star. Write me back if you feel me but keep it moving if you don't as not to waste your time or cheat my attention. "Thank you kindly" 59 Ways to Progress and succeed. Author: "Mr. Eusi" at your service.



Yassin Muhammad CU0143, PO Box 945, Marienville, PA, 16239: 34 yrs, 5'6", 215lbs, published author and poet & the founder of All N Entertainment. I enjoy exercising, reading, writing and teaching all I know. I'm a caring, straight forward, open minded Black man seeking out that special someone that's business-minded, intelligent, honest, caring & understandable and won't allow my imprisonment to hinder her from being that special one in my life. Race & age isn't a factor but what's in the heart is essential.



Dennis Wilson D88587, Pleasant Valley State Prison, PO Box 8501, Coalinga, CA, 93210: Communication is an amazing way to discovery, to become engaged in special ways. I'm looking for a credible woman for credible correspondence. A woman aware of social struggle; visualizing and seeking accountability for social injustice. A woman who's balanced and truly interested in a striving artist serious about his responsibilities and development as an artist. A woman interested in developing a successful relationship.



Antonnio Peak D17713 B1115s, Apalachee Correctional Institution, 52 West Unit Drive, Sneads, FL, 32460-4166: Looking for pen pals.



Aubrey Patillo 39259-083, FCI Sheridan, PO Box 5000, Sheridan, OR, 97378: 34 years, 225lbs, 6'0", seeking to establish a positive line of communication with "someone special" and "unique" in their own way! I'm truly seeking friendship and I'm open for potential growth in that friendship. I'm a witty, caring, intelligent person with a lot of moral standards and principles instilled in me. And I'm a firm believer in chivalry; all women no matter their stature or station in life should be respected.



Jeremy Hewitt Y303829, PO Box 252, Turbeville, SC, 29162: I'm a White/Italian male who is in search of a female to write as pen pals but open to the possibility of it becoming more. However I will be upfront I am not perfect but I feel I am a hard working, loving individual. Will respond to ALL letters. I'm 22, no kids, never married and currently single.



Pierre Houseworth R66372, PO Box 1700, Galesburg, IL, 61401: I am an honest, fun, loving and caring individual that made a bad choice an am now paying for my mistake. Now I'm just trying to find a few nice, honest and caring friends for my incarceration and for when I go home.



Steve Menchaca J-63872, Pleasant Valley State Prison D4-208 Low, PO Box 8504, Coalinga, CA, 93210: Looking for pen pals.

The beauty and the mystery of "the circle"

by Maria P.

Why do I need to know about math or science? For most people, the answer is that there is no reason to learn about these subjects, other than being able to know how to use money, or how to fix a car engine.

But the real answer to the question, is that we need to learn about math and science because God, the God who created us, wants us to do so.

How can we come to such a conclusion? Because we live in a beautiful, majestic world, which math and science will simply help us to understand. And despite what most people think, God did not make math-or science-difficult. Men (and women) did.

Case and point. Every child in school has looked at geometrical shapes, and before "teachers" turned them away from them, every child saw some beauty in these shapes. Like the circle. The only shape that allows for fluid motion. (Imagine trying to "roll" a square). And everyone had a feeling that there was a simple way to explain the circle.

But teachers taught us that there is a magic number, called "pi". It is so magical, that it has infinite number of digits. So magical that we spend billions of dollars and use complicated computer programs, and we still haven't calculated it. And if we multiply this number, times the diameter of the circle (the line that connects two points on a circle, and also goes through the center), then we find the length of the circle.

There is a simple reasoning underlined in these calculations. It was developed more than two thousand years ago, by a man named Archimedes. And it goes something like this: Take a circle. "Cut" it in as many pieces as you possibly can. Assume that each piece is a straight line. Add the pieces together, and you get the length of the circle.

Sounds reasonable. And it is, if you want a good approximation. But the point still remains, it is just that, an approximation.

Each and every civilization made their own attempt to calculate the number "pi". The number "pi" has been the "holy grail" of science for thousands of years.

There is a book in the market now, called "The scientific base of the world remade. "Pi" discovered. 21st Century and Beyond". It is written by phenomecist Hisham Z.A. El-Amin. It approaches the question of the circle, from a new perspective. By utilizing patterns, symmetry and continuity, the number "pi" is *calculated*, and not simply *approximated*. Lines are produced as a result of points, which have to express their potential.

The book is written for the layman, as well as for the scientific community. It must be read by everyone who wants to think outside-the-box. And remember, man looks at this creation as complicated, but God makes it simple and easy.

For more information, please see the ad on the inside cover.

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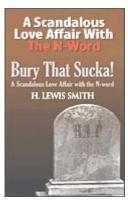
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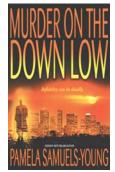


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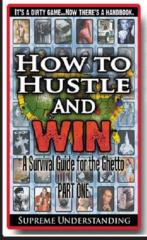
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Book Description All 'N' (You Reap What You Sow) by Sin Raws is a work of fiction that describes the life on the streets of Philadelphia where several rival men square off for power and wealth. The story is written with attention to detail and filled with suspense revolving around a cast of characters. The characters represent many ethnicities such as Arab, Asian, and African-American, and they represent different factions vying for control in the city. As each one advances their goals, the plot thickens and the story becomes entwined in the other until, ultimately, the characters meet the destiny that they had created for themselves by their own actions. Will anyone accomplish their goals of becoming happy and fulfilling their promises before they Reap What They Sow?



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God and how He orchestrates the sea of life. P.O. Box 120461 San Diego, CA 12061-0461

Are You Institutionalized?

in sti tu tion al ize: to make into, treat as, or give the character of an institution to.

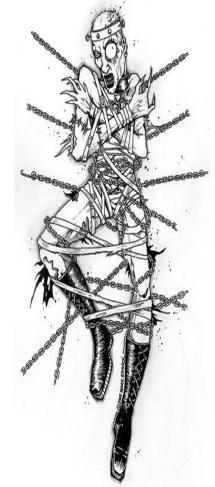
Yeah...that is exactly what some allow prison to do to them. Not only do they become a part of the programs, the buildings, the fixtures and even the officer's lives, but their soul becomes imprisoned. Their thoughts become that of the system and not of your own. Let's look at three examples of someone who has become institutionalized.

The first person is the ever so popular crack head. This person has been in and out of prison too many times to count. Their charges range from shoplifting (stealing something from a store to sell it for drugs), to prostitution (selling themselves for drugs), to robbery (stealing from another person to get money for drugs). And of course they have the drug paraphernalia charges if they ever get caught with a stem or a roach.

They come into the system either welcomed back or ridiculed by the guards, counselors, administrators and inmates. They reacquaint themselves with people they left behind just months ago and even try to hustle back onto their old detail and into their old dorm. They are quick to mention what has changed and how it use to be. They are quick to notice new guards and want to know their "story". They are quick to ask "when does the Chaplain give out the indigent stuff?" Yes, this is the inmate that the system will continue see because as long as crack is on the planet, the addict will either use prison or rehab as a revolving door.

The second person is the one who comes in with a mandatory bid. It could be their first, second or even third. These bids (years) consists of 10 years, 12 years or even 15 years to the door. After the inmate has gotten settled into whatever surroundings they are going to be in, they normally find a little "friend" to help them do their time. This "friend" usually has a little money on the books and probably some self-esteem issues. They also seem to make good friends with the Chaplain and the person who runs the store. These two people are crucial in making their time bearable.







They don't seem to care what people have to say about them but they are in everybody else's business and have an opinion about the entire compound. I think out of the three examples, this person is the saddest because their years of incarceration are where the majority of their memories are from.

The third person is the one with a life sentence. For the ones who are innocent...I'm not talking to them. For those who have settled into the reality that they may spend many, many, many years behind the wall, they allow the walls to determine how they live their lives. They start to mold themselves into what the system feels is a model prisoner. They feel that they are entitled to the benefits of what the system has to offer as far as new groups, program, details, and technology.

Just because you are in an institution does not mean you have to live your life like you are in an institution. You were human and alive before the gate opened and engulfed you. You thought about lively things, had hopes and dreams, and cared about something. Your address may say "incarceration way" but your spirit does not have to.

If you know how many children an officer has or where they shop...you may be institutionalized. If the warden calls you by your first name...you may be institutionalized. If you are called out as a volunteer at 3am...you may be institutionalized. If you have to get the newspaper first so you can do the crossword puzzle...you may be institutionalized. If you are the first one to know what's on the Christmas package list...you may be institutionalized. If you have a snitch in laundry to tell you who the new transfers are...you may be institutionalized. If you can talk to your counselor everyday when no one else has even seen them in a month...you may be institutionalized.

Don't become a product of the system. Think outside the institution. You can be free, even if it is just for a minute, an hour or a day. You deserve it, even if it is just inside your mind. Don't let the system define you.

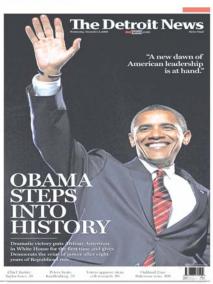
By Aishah Al-Amin

History Around The World And In Our Lifetime





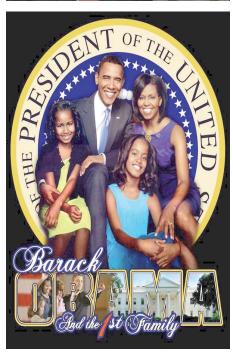














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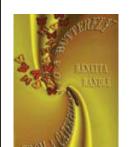
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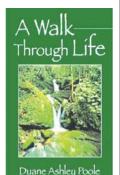
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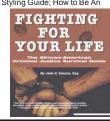
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TRIVIA TWIST

- 1. What is Batman's real name?
- 2. In what country would you be called an Aussie?
- 3. Name three Tom Hank's movies.
- 4. Whose basketball franchise has played in the most NBA finals?
- 5. What is the only thing that can destroy a diamond?
- 6. What is the name of the angel guarding hell?
- 7. Who invented the telephone?
- 8. What Michael Jackson album had five chart-topping singles?
- 9. What song did the "Wizard of OZ" make famous?"
- 10. Where was the Garden of Eden?
- 11. Who was the biggest exercise guru in the 1980's?
- 12. What does CPR stand for?
- 13. Who was the first country artist to sell over ten million records?
- 14. Name the biggest country in South America.
- 15. What is the last Commandment of the 10 Commandments?
- 16. What is the only metal that is liquid at room temperature?
- 17. Who became the NBA's winningest coach ever on January 6, 1995?
- 18. Name the seven dwarfs.
- 19. Who was Luke Skywalker's father?
- 20. In which country are the Biblical rivers the Tigris & the Euphrates?

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acceptance of the foregoing terms herein set forth. States that **CANNOT** write other prisoners (that I know of): Alabama, California, Texas, Mississippi, Florida, South Carolina, Indiana, Virginia, Pennsylvania, Illinois, New York, Nevada, Connecticut, Utah, Iowa and Georgia.

Michael Wolfe GA2686, 1430 s. 13th St., Philadelphia, PA, 19197: 29 years, 170lbs, 5'10th, Caucasion who likes drawing, painting, and four wheeling. I have brownish blonde hair (short), green eyes and I am usually clean shaven.

Tyrone Martin 326-571, TOCI, 2001 E. Central Ave, Toledo, OH, 43608: Γ m here now! For those who are looking for someone who has taken the time he's been given to learn and understand self, as well as life, Γ m the one! I know what it means to be down therefore I always look up! Get at me for more...

Trisha Rodriguez 16345641, CCCF, PO Box 9000, Wilsonville, OR, 97070-9000: 29, 5'6", 145lbs, red hair, blue eyes with freckles. My hobbies include pool league, camping, horseback riding, 4 wheeling, shopping, and writing poetry.

Christopher Holt V-16166, CIM Alder 115 Low, PO Box 500, Chino, CA, 91708: 5'11", 215lbs, Black, 26, and doing hard time with no correspondence. I don't care who writes me just as long as someone does

Lee Dale Goldman 215901, Arizona State Prison – Phoenix West, PO Box 18640, Phoenix, AZ, 85005-8640: 1751b, God-fearing, 32 year old, Irish-Cherokee male, with a dark complexion, military physique. Looking for a female pen-pal between he ages of 21-34 who loves to write. Please send me a letter for more information.

Herbert Flowers 516476, Toledo CI, PO Box 80033, Toledo, OH, 43608: I'm a people person who is very down to earth and do not discriminate against height & weight or another race or religion, etc. All are welcome to take advantage of this invitation. 23 years, lonely yet available, confident, caring, & definitely funny. Can converse on any topic of conversation whether it is sports, current events, casual convo, romance or business.

Terry Johnson 106896, Box 549, Whiteville, TN, 38075: 41, Black male, 6'0", 175lbs, handsome, young looking man wanting to write people who are "real". All age and race welcome.

Neil Novakowski 129477, HCCC, C-3204, 304 Ray Sandoval Rd, Walsenburg, CO, 81089: 26 years old with 1-4 year left. I like snowboarding, salt water fish tanks, and rock –n-roll. I'm looking for friendships or more.

Marco Martin 298601, JRCC, State Farm, VA, 23160: 36, 5'9", 240lbs, who likes writing, poetry, writing short stories, jazz, art, creativity and dance. I dislike racism and bigotry.

Derrick McKissack 387406, PO Box 549, Whiteville, TN, 38075: 5°11", 260lbs (solid), Black who enjoys good music, good conversation and good companionship. I dislike prejudice, bigotry and judgmental people.

Darrell Loman 1291753, Lynaugh Unit, 1098 South FM 2037, Fort Stockton, TX, 79735-9795: 30, Christian Anglo Male, 6', 250lbs, brown hair, hazel eyes, laid back with a forgiving heart. The outdoor type, cooking, traveling, spending time with family and serving

John Bertig EA1002, SCI Forest, PO Box 945, Marienville, PA, 16239: 49 years young, 5'5", 140lbs, brown eyes, brown hair, looking for mostly female pen pals that are open minded, not married and interested in a relationship after we get to know each other.

Horace Bobo Thomas 148401, HCCF, Unit GC214, PO Box 549, Whiteville, TN, 38075: 56 years old. I love basketball, baseball, weightlifting, reading and the outdoors.

Joseph Wilson 476-367, TOCI, 2001 E. Central Ave, Toledo, OH, 43608: 22 year old, educated, Black man who has made a few mistakes, but isn't finished experiencing life. I'm looking for a woman who can stimulate me mentally as well as spiritually. I don't discriminate so any and every race is welcomed to respond. True friendships aren't determined by the outside but on the inside. Tomorrow isn't promised so live life one day at a time and make the most out of it.

Carlos Thomas 420-869, 2001 East Central Ave, PO Box 80033, Toledo, OH, 43608: My life is basically an open book, but my family's roots runs very deep. I'm really in search for friends that are honest and down to earth. We are completely free to mold our future from actions based on sound judgment. I have passions for motorbikes, reading, studying life and sports. I'm looking for a down to earth woman who needs a stand up guy.

Pierre Johnson 1373869, Lynaugh Unit, 1098 S. Hwy 2037, Ft. Stockton, TX, 79735: Easy-going, loves basketball, football as well as extreme x games. I'm very optimistic. I enjoy reading, especially "Biblical History". My favorite food is an All American Cheeseburger. I have a passion for nature and all that comes with it.

Anthony Mitchell 5270196, Toledo CI, 2001 E. Central Ave, Toledo, OH, 43608: 34 years, looking for a very smart lady friend to correspond with. I'm a caring & loving person that's looking for a beautiful woman that can be on the level I'm on. Also I can be real funny & everybody can uses a laugh from time to time.

Craig Franklin 504-597, Toledo CI, 2001 East Central, Toledo, OH, 43608: I'm an African-American in search of female correspondence only I am very straight forward man. Looking for friends to be a shoulder to lean on and listen to all of the personal confusion that needs to be heard. I'm a very honest man and somewhat comical but at times strong minded. Since I've been incarcerated the only constant in my life is change. I love to read, write, listen to music and give ideas. Looking for a woman who knows what she wants.

Joseph Williams 04-A-0161, Eastern correctional Facility, PO Box 338, Napanoch, NY, 12458: SBM, 28, 180 (athletic) lbs, 5*11", Christian, D/S/D – free. Love writing, reading, music, movies, and sports. I'm creative, ambitious, honest and caring. Seeks friendship and correspondence.

Charles Wilson 227228, HCCF, FB216, PO Box 549, Whiteville, TN, 38075; 45, 6'6", 205lbs who loves football and cooking.

Jason Beck F-73607, San Quentin State Prison, San Quentin, CA, 94974: I am only looking for a pen apl, a friend. Someone who I can tell who I am and what I enjoy doing. I would not be mad at anyone who did not write me back but at least take the time to write first and find out what I am all about. I'm not looking for any strings but a true pen pal. I do not care about age, race, looks, weight or anything like that. If you are lonely then write me because I am lonely too.

Jerald Bond 104154, PCF G2-11U, 727 Moon Rd, Plainfield, IN, 46168: Single, divorced, 44 years, White, Christian looking for new friends and people who will write often. I love music, computers, cars, motorcycles, traveling and camping. I enjoy having fun and writing to anyone who will take the time to get to know me.

William Paulson 388530, PO Box 549, Whiteville, TN, 38075: Γ m an exciting, handsome, top quality 40yo, White male. I'll send photo and long letter. I like nature, travel, honesty and respect

Herm Echevarria 56474-066, USP-Hazelton, PO Box 2000, Bruceton Mills, WV, 26525: 29, 5'10", 195lbs, light brown skin, dark brown eyes, Black/Hispanic (sexy and straight). I'm optimistic; hopefully someone can share with me in that aspect. I'm looking for an extremely genuine woman who is sincere in her way and actions. Rushing into a relationship wouldn't be beneficial to the both of us. I've never known there to be a situation or circumstance that should be able to dictate when and where to people can become "friends".

Mark Badie Jr, 1266 Us Rt 5, St. Johnsbury, VT, 05819: 22 year old Black and Puerto Rican fro NYC. Some of my hobbies are sports, reading, writing poems, and going for walks and whatever is fun out there to do. I am a very down to earth, easy going guy. Some of my likes are women with a good sense of humor, outgoing, down to earth and very intelligent. You also got to know how to have fun. My dislikes are somebody that doesn't have anything going for themselves at all or someone is about games.

Chester Wallace 330282, NECX, PO Box 5000, Mountain City, TN, 37683-5000: I'm brown skin, brown eyes, 5'7", 180lbs, with slight muscular build. I like studying law and Spanish. 32 years old looking for a good female pen pal who is sweet and intelligent.

Ernest Smolky 66555, SNMCF, POU, 4B449, PO Box 20005, Las Cruces, NM, 88004: 34, 6'0", 220lbs, black hair, brown eyes, fairly dark skin, fairly athletic build with too many dislikes to mention. I enjoy physical fitness, spending time with family and friends, listening to music, going to concerts, playing softball, travelling and having fun.

Jerry Ferguson 130810, Roederer Correctional Complex, Unit 5-B3-10, PO Box 69, Lagrange, KY, 40031: I am a 34, White, 5'11", 170lbs, brown hair and blue eyes. I like poetry and mechanics, home cooked food, movies at home and family values. I dislike dominant people, abusive personalities and snakes!

Ryan Brocato 250800, Bullock County Correctional Facility, Hwy 82 East, PO Box 5107, Union Springs, AL, 36089: 20, White/Italian male, 5'6", brown hair, hazel eyes and 160lbs. I like poetry, music (all kinds), companionship, conversationalists. I dislike liars, fakers and posers.

Larry Mercer 161858, PCF, 727 Moon Rd, Plainfield, IN, 46168: 5'6", 150lbs, brown hair and hazel eyes. I am an avid reader and enjoy golf and camping.

Byron Stewart 241-331, Jessup Correctional Institution, 534 MD House of Correction Rd, Jessup, MD, 20794: 6'0", hazel brown eyes, 36 how are you? I have been wrongly convicted and accused. I'm seeking a sincere pen pal to connect with. I am a sincere person who likes to lift weights, listen to R&B music and read while trying to prove my innocence. I truly appreciate hearing from you and any sincere advice you may have. I'm open to hear your likes and dislikes.

George Lyle 1354800, 1098 s Hwy 2037, Fort Stockton, TX, 79735: A 48 year old who likes rock-n-roll. I'm a musician, chef, and mechanic and can build a house from the ground up. I have no friends or family in the United States and really need someone to write and relate to. I wish for female pen pals only. I relate to women much better. I could really use a friend.

Abdul Aleem Buffington GZ6551, 801 Butler Pike, Mercer. PA, 16137: 6'0", 223lbs, bi-racial and I truly enjoy learning more about my way of life which is Islam. I look forward to hearing from someone real soon.

Monia Tann HA6609, SCI Forest EA1018, PO Box 945, Marienville, PA, 16239: I am seeking a female pen pal. I am 28 years old, 5'9", 165lbs.

Kendall Worthy V78873, Alder Hall/Bunk 194 Low, Chino, CA, 91708: 1°, AKA Diamond Ken because I am flawless like diamond. I'm African mix with Indian culture, 5'8", 1651bs, dark brown eyes, nice built physique, nice smile along with dimples, smooth brown skin, 21 years old with a kind loving heart, very outgoing with a great sense of humor. I am looking for some kind of friendship and not a relationship at the time. If you like what you just heard, and if I fit your description, then write me. I am a diamond in the dirt that needs to be found.

Shawn Prince L01575, Hendry CI, D-3104-upper, 12551 Wainwright Dr, Immokalee, FL, 34142-9628: 30 years, 5'10", 165 muscular build, 9 tattoos, African-American. I sing R&B, love cooking, outgoing and very romantic. I love taking care of the woman in my life. I'm looking for someone special to share my world with me and someone I can be there for when she needs me. Race is not a problem. 20-45 year olds hope to hear from you ASAP!

Gabriel Garay 131174, HCCC, E5202, 304 Ray Sandoval St., Walsenburg, CO, 81089: 24 years, 5'9", 150lbs, Chicano. I practice the religion of Islam and enjoy reading, poetry, writing and art. I am looking for a pen pal who can relate. Any female may contact me.

Steve Thorne F71352, CIM, Cedar 102C, 14901 Central Ave, PO Box 500, Chino, CA, 91710-9500: 6'3", 200lbs, light skin, healthy condition, 53 years young sworn to fun. I love cars, Harley Davidson's and sweet gals...not necessarily in that order though. I'm a Cherokee Indian mixed with Black. I don't limit my relationships. I like all people. I have no family left so I need a pen pal. Maybe we can start a relationship.

Stephen Bailey 83811, Cedar Hall, PO Box 500, Chino, CA, 91708: DWM, 51, enjoys sports, racing, music, fishing, camping, beaches, sunsets and nature. I dislike snobby, dishonest type people. I'm 6'7", blond/gray hair, 235lbs in good shape with blue eyes. I hope to hear from someone soon.

Jennifer Marshall 1080146, LASP B-G2-233, PO Box 709, Alto, GA, 30510: 33 years, short auburn/gray hair with hazel eyes looking for a white male over 40 who is looking for someone a little younger to write. I am a single mother of 2 children. I may possibly find the man of my dreams. Please respond as soon as possible. I am not the average low life person that most of the women here are. I came from a good home and used to getting everything I want and need. I need a good man to keep me on the right track from now on.

William Coleman 1134372, Johnson State Prison, PO Box 344, Wrightsville, GA, 31096: 48 yr old Black male, 205lbs, youthful 5'8" frame, loves God, poetry and true respecter of all women – open and honest correspondence.

James Adams 81482, Unit C-3320, 304 Ray Sandoval Rd, Walsenburg, CO, 81089: White male, 45, seeks friendship with

Kevin Fuller 342-840, NBCI, 14100 Mc Mullen Hwy SW, Cumberland, MD, 21502: I am a 37 year old Black man who would like a female pen pal. I have been sentenced to 45 years and I hope to win my appeal. I am 6ft tall, brown-skinned and 240lbs.

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De Angelo Johnson, Sr. 243741, SCI, 100 Corrections Drive, Stanley, WI, 54768-6500: I'm 38 and call East St. Louis home but I'm not against relocating. I'm heterosexual. I like sincere, intelligent, passionate, dedicated, marriage-minded, spiritually grounded women 30 plus years old. I dislike mean, petty, fanatic, atheist, pagan, domineering, stingy and sexually deviant women. My goal is to meet a sincere, lasting friend and work toward more.

Amber Campbell 923-160, PO Box 535, Jessup, MD, 20794: 23 year old Black/Puerto Rican female, 5'5", red bone, w/chinky brown eyes, full lips, nice shape, educated and wifey material. My hobbies include spending time with friends and family, shopping, traveling, cooking, watching, boxing, basketball and track & field. I'm just looking for someone to converse with. I like men with good manners, well groomed, educated, spontaneous, confident, giving and caring. I dislike liars, smart asses, and uneducated, rude, heartless and selfish men.

John Tomlison 331476, Stanley Correctional Institution, 100 Corrections Dr, Stanley, WI, 54768: 43 year old African-American, 6'2", 240lbs in search of a pen pal. My hobbies include writing songs, cooking and collecting old postage stamps. If I'm lucky, I'll find a woman between the ages of 35-50. Race isn't an issue. I have over 8 years left o a 38 year sentence.

Charles Bess GW8239, 801 Butler Pike, Mercer, PA, 16137: I am 30 years old from NYC and I would like to correspond with an open-minded, understanding, "mature" woman. Race is never important for a serious relationship. My hobbies are reading and studying

Dennis Rackler 126259, HCCF, PO Box 549, Whiteville, TN, 38075: 39 years, 5'7", 163lbs, White male who enjoys fishing, camping, swimming, cooking on the grill, and 4 wheeling. I dislike a self-centered person. I am looking for someone that is outgoing, caring and loving.

Mary Mayles 923-233, PO Box 535, Jessup, MD, 20794: Lonely female looking for pen pals.

John West V-79805, Bldg 304, Bed 14-up, PO Box 3535, Norco, CA, 92860-0991: 28 year old White/Indian man, I'm 6'2", 195lbs, very muscular build, dark brown hair, very tan skin and bright green eyes. I love to tattoo and have very many myself. Race, age and size is unimportant. I'm a firm believer in its inside that counts. So if you like what you hear, please write.

Kenneth Phillips, Jr. 1143450, Smith State Prison J-2-126B, PO Box 726, Glenville, GA, 30427: I am 24 years old, White, 6'2", 190lbs, athletic build. I have green eyes & auburn hair. I am looking for a single, white female, 18-36 years old, preferable red or brown hair, but I like blond and black hair too. I like country rock and gospel. I hunt, fish, camp and hike.

Tobey Ladd 29704, NHSP, PO Box 14, Concord, NH, 03302: 5°11", 230lbs, brown hairy eyes, looking to write somebody who enjoys long letters and sharing their day with somebody through the mail. I enjoy music, TV, reading, working out and just about anything. Will respond to all letters.

Shawn Spooner 60546, PO Box 2500, Lincoln, NE, 68542: 5'11", 230lbs, brown hair, green eyes, 39 years old, White male. I enjoy racing, older cars, walks in the park and have a great sense of humor. Seeking friendship.

Bruce Taylor 40590, PO Box 14, Concord, NH, 03302:53 year old who likes to write letters watch sports the outdoors and meeting new Christian friends. I am not into mind games. I'm a White male, 5'6', 180lbs and looking to settle down.

Alan Wilczewski K51006, PO Box 129, East St. Louis, IL, 62202-0129: I'm a SWM, 45 years young, 6' and weigh 196lbs with blue eyes and blond hair and physically fit. I love the outdoors and sports. My home team the Chicago Cubs are my favorite team as you can guess. I'm looking for a female pen pal who is versed in many different subjects.

Jeremy Christensen F-38756, ASP 330-1-63U, PO Box 9, Avenal, CA, 93204: I am 30 years old, blue eyes, light brown hair, 210lbs, 5'11". Looking for a pen pal.

Stephen Perkins 1235469, GA State Prison, HC01, Reidsville, GA, 30453: I'm a straight, divorced, college graduate, professional, White, 33 year old male. 5'9", 215lbs, brown hair, ocean blue eyes. I'm down to earth with a sense of humor and positive outlook on life that keeps people smiling. I live an active lifestyle that makes life enjoyable having fun. I enjoy traveling around the world, going to various sporting events, concerts, seeing nature & God's creatures in the outdoors. I'm seeking a female for friendship. Race is not important.

Edward Anthony Twyman 269706, Broad River Correctional Institution, Congaree B-201, 4460 Broad River Rd, Columbia, SC, 29210: 35 years old, likes reading, cooking, writing poetry and beautiful intelligent women. I'm 5'7", 135lbs, reddish brown complexioned Black male who would like friendship and a long term relationship.

Brenda Turner 923227, PO Box 535, Jessup, MD, 20794: 47 year old separated white female, 165lbs 5'8" with brown short hair. I love the beach, cuddling, talking, being wined and dined, cooking, shopping, and being accepted for who I am. I have a big heart.

Crystal Jackson 922274, 192-B-Wing, PO Box 535, Jessup, MD, 20794: SBF, 43, 4'2", 135lbs, brown skinned and very cute. I enjoy cooking, helping other and cleanliness. I dislike Bad Hygiene.

Jon Vang 217342, 970 Pickett St N, Bayport, MN, 55003: 26, 5'8", 160lbs, medium build, enjoys working out, drawing, and playing the guitar. I like simple down to earth things in life.

Thomas Ezell 55292, ICC, Unit I-111-A, PO Box 70010, Boise, ID, 83707: 29, male, 5'8", 1851bs, short brown hair, brown eyes, single, average build, wears glasses and a mustache. I enjoy writing poetry and short stories, reading a good thriller, sci-fi or fantasy book, watching TV and movies (action adventure, sci-fi, fantasy and horror). Looking for a female who shares similar interests as well as a friend who I can write to who is willing to look past one's mistakes and not be judgmental. Must be between he ages of 18-35.

Guy Boggs 521-847, PO Box 57, Marion, OH, 43301: 48 years old, enjoys writing, reading, making wood projects and moonlight walks

Anthony Grayson 99A3609, Sullivan Correctional Facility, PO Box 116, Fallsburg, NY, 12733-0116: I'm looking for a nice lady. I'm an African-American man who likes football, basketball and music. I'm 44 years old and 6 feet tall.

Randy Coleman 54802066, USP Pollack, PO Box 2099, Pollack, LA, 71467: 32 years of age, 5'11", 256 lbs, African-American male, pecan tan skin tone and light brown eyes to match. I'm adventurous, very outgoing, love movies (romantic, scary and dramatic). I dislike negative energy. I'm truly a people person. Ilike all kinds of music but I'm really into classic R&B and reggae. I love to stay active and healthy and out of trouble. I think that personality, education and attitude are most important. You can get bored with a pretty face.

Jesse Garland GH7808, SCI-Laurel Highlands, 5706 Glades Pike, PO Box 631, Somerset, PA, 15501-0631: 22 years old, 5'11", White male doing 8 years. Looking for white female around 18-36 years old with good conversation and truth. I like to camp, go hiking, watch movies and just have any kind of fun. I want a pen pal to keep me on contact with the outside world and also to help me cope with my lack of freedom. I don't have any children or ex-wives. Don't drink or do drugs but some cigarettes.

William Kisner, Jr. GM-7621, SCI-Laurel Highlands, Unit CA-29-2, 5706 Glades Pike, PO Box 631, Somerset, PA, 15501-0631: 26 years, likes to draw, do body work on a car, camp and work out.

Reco Ferguson 233618, ACC, 1821 Estaline Valley Rd, Craigsville, VA, 24430: My likes are traveling, reading Quran & meeting new people. My dislikes are hateful people who are not challenging oneself. I'm 5'9", 190lbs and I work out daily.

DeSuan Johnson 353259, ACC, 1821 Estaline Valley Rd, Craigsville, VA, 24430: I'm 6'6", 220lbs, light skin with honey brown eyes and a thick muscular build. My hobbies are writing poetry, songs, and short romance stories and cooking. I'm looking for a friend that later could be more. All women who write me I'll write back. Pics are available and please send one if possible.

Jamie Watkins 317339, Leath correctional Institution, M1201A, 2809 Airport Rd, Greenwood, SC, 29649: 27 years old, 5'3", 145lbs FEMALE with hair down to my shoulders. I like writing, music and reading.

Angelo Gonzalez 135977, C-Unit 3310, 304 Ray Sandoval Rd, Walsenburg, CO, 81089: I'm a 5'7", 165lb, 22 yr old Hispanic male. I enjoy talking to my kids, going to the park and good conversation. I am looking for a pen pal age and race doesn't matter.

Mark Verrett B85429, Southwestern Correctional Center 3-C-1, Po Box 129, East St. Louis, IL, 62202-0129: I'm a 30 year old White male, 5'9", 175lbs with black hair and dark brown eyes. My background is French/Creole. I enjoy drawing, working out, and watching football on Sundays. I look forward to be released so that I can hang out on the beach, work and cook. So ladies if you would like to get to know more about me then drop me a line.

Jay Clark AM-7920, SCI-Laurel Highlands, PO Box 631, Somerset, PA, 15501-0631: Looking for a pen pal.

John Lockett 185565, 6888 E. 133^{et} Road, Holdenville, OK, 74848: I am a 38 year old Moorish American, 5'11", 220lbs, black shoulder length hair, hazel light brown eyes, no children, never been married. Seeking female pen pal and companionship. Race and age unimportant.

Jimmie Hayes 219648, Unit s-1-Bldg C #22, Delaware Correctional Center, 1181 Paddock Rd, Smyrna, DE, 19977: 32 years old, dark skin, brown eyes, 5'7", 168lbs. I like basketball, football, traveling and enjoying life to the fullest and all it has to offer. Looking for a female friend to correspond with, share thoughts and life experiences.

DOWN WITH ME

Melisa Elias 6899281, PO Box 700, Mitchellville, IA, 50169: I am a very attractive half Puerto Rican, half White, and 31 years young lady. I'm very positive and outgoing. I keep an open mind, love to have fun and laugh, 100% real and probably the truest person you'll ever meet. I'm the life of the party! I enjoy going to the casino, traveling, and living life to the fullest. I am looking for a fiend and possibly more to enjoy life together. There's nothing I won't try at least once and if I like it I will do it again.

Aron Jackson 337465, ACC, 1821 Estaline Valley Rd, Craigsville, VA, 24430: Conscious street brother, 25, 6'2", 190lbs, hazel eyes, medium brown skin – a real looker. Seeking women to build, learn, teach and share with to better each other and see where things go. My release is 7-26-2011 so we've got a little time to get acquainted.

Vance Scott 852184, Plainfield Correctional Facility, RM/G4-1L, 727 Moon Road, Plainfield, Indiana, 46168-9400: Ladies you now have a real, Black, old school player.5'11" ½, 192lbs, brown eyes, brown skin smooth as silk and nice looking. Write back and you will see.

Kevin Howard 182673, Macon State Prison D-2, PO Box 426, Oglethorpe, GA, 31068: SBM seeking correspondence with single female, race and age open. I desire a woman with an open mind, honest, understanding, caring, sensitive and loving. I prefer a woman with stability, professional minded, non-smoker and non-drinker. I'm 43, 5'9", 215lbs. II enjoy reading, writing, art and poetry, football, tennis, and staying fit. I am sensitive and open minded, romantic and loving. I simmer good conversation.

Douglas Loveday 404345, SCCF, PO Box 279, Clifton, TN, 38425: 6'2", 240lbs, blue eyes, likes adventure

Christopher Bannister R61413, PO Box 129, East St. Louis, IL, 62202: I like to fish, draw, write, read a good book and talk about good, happy and fun things. I boat, go swimming, camping and throw Frisbees. My free time is spent riding my motorcycle. Yu can be my pen pal and I'll be yours.

Lonnie Burke GX1237, SCI Pittsburgh, PO Box 9991, Pittsburgh, PA, 15233: Very lonely. The only mail I get is from my mother. Looking to write any female.

John Merritt 058704, Hardee Correctional Institution E4-105U, 6901 State Road 62, Bowling, Green, FL, 33834-8976: I reach out longing to bridge the gap between prison fences and the real world. My heart aches for the warmth of a friendly personality. My soul desires the softness of feminine touch. I am a street warrior riding the horse of misfortune for too long. Lovely lady, whisk me past yesteryear with the gentleness of your words; ground me in the intoxicating now. Take comfort in my strength as I expand the bosom of your understanding. I have dreamed of you for eons of time and your letters shall give me meaning, reason, rhythm and rhyme. Sweet goddess, open your doors compassionately and be a friend of mine.

Cynthia Minnick 920-820, PO Box 535, Jessup, MD, 20794: 29yr old mother of two, White with long strawberry blond hair, petite at the weight of 95 lbs. I'm looking for a pen pal who is not judgmental and is truly faithful to writing. NO MEN. I also have blue eyes and I'm very friendly. I like to do a lot of things outdoors. I'm an ex-addict. If you use please do not write me. I'd like a person who is of sound and mind. I'm sorry if I sound strict upon my requests. I don't have time for games.

Abbas Kalandan 519353, Hardee CI F1-106L, 6901 State Rd 62, Bowling Green, FL, 33834: I have been incarcerated for the last 15 years since the age of 18. I am a Muslim from Bombay India and I have no family here. I have a couple of loyal friends. This experience has changed me because I had never thought about jails or prisons before and what goes on in here. There are several things that the public need to be aware of. We need people to advocate for human rights.

Adrian Waite 221827, PO Box 5000, Mtn City, TN, 37683: I'm seeking single women of all races in the free world. Race at all does not matter to me. I love them all. I am especially seeking to make contact and connection with women who are college girls, sorority girls, cheerleaders, models and female correctional prison guards to be my personal pen pal.

Angel Paris EC-8431, SCI Forest, PO Box 945, Marienville, PA, 16239: I am 42 years but look like 26, that's what I always hear, brown eyes, 5'11", 160lbs, always works out when I have time, speaks fluent Spanish, Puerto Rican, brown skin with a few tattoos. Don't drink or do drugs, only smoke cigarettes. Seeking a woman 25 to 30 with the same qualities. I enjoy working in construction. If you would like to be my friend then write me. I promise it will be fun.

Clark Lorenzo A4022987, HCF, 99-902 Moanala Rd, Aiea, Honolulu, HI, 96701-3-B-1 Rm #4L: 1 had a great childhood but 1 am still learning. I am 37 years old and I am looking for a Christian, single lady with the same beliefs. I have a Bachelor of Science degree in Computer Science and I am a graduate student. I am looking to move from Hawaii once my time is complete in 2017.

James Flanagan V25702, SQSP, San Quentin, CA, 94974: Looking for a pen pal out there. I'm a prisoner that is a long way from home. I'm Bostonian Irish, I like art, poetry, and I was going to school for graphic design when I picked up this parole violation. I love to write so the more pen pals the better.

James Siler V-40662, Bunk 197 Low, Alder Hall, PO Box 500, Chino, CA, 91708: I'm 42 years old with 7 sisters and 5 brothers. At the age of 17 I started my life of crime. My mother and father separated so I stopped listening to my mother. She turned her back on me and I stopped writing and calling home. I wish my grandmother and father was still alive because they would always come to my rescue. I don't get along with my brothers and sisters so I am all alone. I'm looking for someone I can talk to.

James Abbey H-11248, Willow Hall 105U, PO Box 500, Chino, CA, 91708: Single, no kids, never been married, 5'9", dark brown skin, bedroom brown eyes, 210lbs, handsome and funny, good sense of humor, sweet and kind and rough. I like being romantic mixed with thug passion-that should be taken in a good way. I'm very understanding, open minded, looking for friendship and possibly more. I love sports, camping, picnics in the park, late night walks on the beach and moonlight dinners.

Rahim Shakur 16037-058, USP #2, PO Box 1034, Coleman, FL, 33521: I'm looking for more than a pen-pal. I am looking for someone I can actually call a friend. When a person goes thru nicarceration, you really find out who your real friends are. I'm not a bad guy at all. I'm hard working, fluent in sign language, learning Spanish, love kids, very affectionate, spontaneous, sensitive, patient, understanding, adventurous, and considerate and I still believe in chivalry. I love honesty and good communication.

Earl King III 344-611, 954 East Forrest Street, Baltimore, MD, 21202: My mother and father's relationship did not last long which taught me to love regardless of the difficulties. I am looking for a pen pal and hoping to find my soul mate. I am a poetic singing songwriter who writes beautiful, exotic and emotionally insightful lyrics about my heart, my life, my love and all people accordingly. 38 years, 5'7 ½", 204lbs, good looking with curly brown hair and eyes. Looking for someone 25 or older.

Tyrone Adams 1017711, Northeast Correctional Center, 4D145, 13698 Airport Rd, Bowling Green, MO, 63334: 5'9", muscular build, dreadlocks, medium bronze complexion, sleepy bedroom eyes, strong facial structure, white teeth, lovable ears and kissable lips. My hobbies include writing poetry, playing guitar, listening to music, collecting antiques, visiting the museums, going to art galleries and visiting jazz and blues clubs. I like a woman who knows the foundation of her Queendom. I dislike racism.

John Luttrell 208030, C3-19B, PO Box 5107, Union Springs, AL, 36089: 44 year old, W/M, brown hair, blue eyes, 5'8", 140lbs, loves country music and I spend a lot of time doing hobby craft. I'm waiting for a friend.

Theodore Graham V58436, SQSP, San Quentin, CA, 94974: I am a striving Muslim in my early thirties. I enjoy chess, fishing and being in the company of family and friends. I'm hoping to connect with an individual that's non-judgmental; someone that can understand that although a person has all his faculties with him, he can still make bad decisions. I'm still optimistic and have a very positive outlook on life in general. There is still a lot of good in me that I would like to share with a woman.

Lance Burton 194373, D1-5A, PO Box 5107, Union Springs, AL, 36089: My hobbies are camping, fishing, traveling and the beach. I am 36 years old, 6'1" with short brown hair, blue eyes and am looking for a good female to correspond with.

Matthew Morgan M49750, E2118, Gainesville CL/Work Camp, 2845 NE 39th Ave, Gainesville, FL, 32609: Single male, early 40's, 6'1", 180lbs, brown hair/eyes, educated, loves traveling, teaching, family, friends, Starbucks, and the beach. Hoping to find a nice person to correspond with.

Mark Chumer FN2792, SCI Laurel Highlands BD5-3, 5706 Glades Pike, PO Box 631, Somerset, PA, 15501-0631: 43 years old, 6'2", 245lbs, brown hair (graying), brown eyes, clean shaven face. I'm a caring man with a big heart. I enjoy many things in life, some of which are cooking, music from the 70's, 80's and on up – but no rap. I'm family oriented and not into drinking or drugs. I'm seeking an honest, caring woman for a pen-pal and possible relationship. I am hoping to make some new friends. Any race – 28 and up.

Richard Mc Millan 262610, Bland Correction Center, 256 Bland Farm Rd., Bland, VA, 24315: I'm a 40year old African-American gentleman who's a marvelous guy seeking correspondence with someone who seeks a new experience. Reply pronto.

Cynthia Sheffield 923-089, PO Box 535, Jessup, MD, 20794: I'm looking for a pen pal. I'm 42 yrs old looking for a 30-40 year old man. I enjoy dancing, movies, and bingo. I am looking for a serious minded man who desires me and will inspire me. I love Jamaicans. If you desire to make me your spouse you must possess great characteristics in order to win my heart. If you want to become closer you must not take my distance personally when I need my space. The responsibility of happiness lies solely with me.

Ian Schultz 470275, EJSP 686542-B, Lockbag R, Rahway, NJ, 07065: I'm 6'0", 1911bs, dark skinned with all my teeth, high school grad. I made some bad choices but I'm locked up and in college. I'm well rounded and a great catch. All I need is a chance.

Keith Wanna 126839, HCCC-C-3204, 304 Ray Sandoval Rd, Walsenburg, CO, 81089: Looking for relatives or friends in the

Christopher Harrell 397086, 2520 Union Springs Rd., PO Box 549, Whiteville, TN, 38075: I'm 26 years old, 5'6", 140 lbs solid, like to read, exercise and enjoy life. I'm interested in corresponding with women only!!!

Ray Bourbonnais 230571, HMCC, 1970 East Whippoorwill Lane, Atoka, OK, 74525: 43 years, 5'10", 175lbs, White/Indian. I'm in college to become a counselor for teenagers. My hobbies are sports, softball and volleyball and I love fishing, camping and spending time outdoors. I'm a Christian and I have strong family values.

Joseph Frazier V-19619, Cedar Hall CIM-MSF D-101, PO Box 600, Chino, CA, 91708-600: 41 years of age, likes going to the movies and writing. I like a lady who is not scared o be herself. I like a lady who has stability in her life. I love to be romantic. I like to be treated like a man and I like to treat a lady like a lady. If you send me a picture I will send you one.

Kevin Tyler C70238, C7-110, PO Box 3030, Susanville, CA, 96127: Lonely White convict, 47 years old, 5'11", 165 lbs, w/baby blue eyes seeks letters and friendship from the real world.

Bradley Goodrich F66553, F1-5-130, PO Box 799001, San Diego, CA, 92179: Black male, 43 years old, never before jail or imprisoned. I am an entrepreneur and have launched several small business ventures, designed websites, patented a product and marketed to retail, and have written and produced songs for major label recording artists. I play the violin, guitar, bass guitar, and a little keyboard. I am an artist and I even wrote a screenplay. I look forward to hearing from a Christian pen pal.

Elijah White V-49154, ISP, PO Box 2199-C5-209 Low, Blythe, CA, 92226: 49 year old African-American, loves all sports, in good physical health, love to exercise – incarcerated or free.

Jim Chapman FF-9641, PO Box 945, Marienville, PA, 16239-0945: I am 38 years old, White male, divorced. I enjoy doing Word Search or Find-A-Word Puzzles also Math puzzles. I like jokes, clean ones as much as dirty ones. I like hiking & hunting. I am not a fisherman. I like music by U2 & oldies.

Jason Lee Myers GA-3517, SCI Laurel Highlands CA-41-2, 5706 Glades Pike, PO Box 631, Somerset, PA, 15501-0631: 29, 5'9", 210lbs, blue eyes, brown hair, looking for female pen pals to write. I'm a very conservative person, going to college for business, sensitive, puts family first. Looking for an outgoing, sensitive, reliable, nice person.

Benjamin Brower HC2326, PO Box 945, Marienville, PA, 16239: SWM, 35 — but look younger, 190lbs, 5'11", brown hair, blue eyes. I like to hunt, fish and just take long walks in the woods. I'm a very quiet type of guy. I'm a very caring person with a lot of feeling, looking for a pen pal and maybe more in the future. I really like to write letters and receive letters. If you write me you won't be disappointed. I have a heart the size of a mountain.

Oliver McClure 197546, JBCC Unit B, PO Box 1999, Mc Alester, OK, 74502: I'm 36, 5'6", 160lbs. I'm into music, I write, sing and play the keyboard. My friends call me "magic" and I am that in every way. I'm a Black super freak with delicious lips that enjoy giving 4play that is looking for Mr. Right.

Larry Beason N-33217, PO Box 112, Joliet, IL, 60434: Oct 1982 – I fell through the crack of the court system. I am totally innocent of the crimes that landed me into prison at a young age. Anyone with a legal brain, can you please help me with a 9/2032 outdate? I NEED LEGAL HELP BAD!!!

James Owens GC2206, SCI Laurel Highlands, 5706 Glades Pike, Somerset, PA, 15501: Single man with no children, very open-minded person, a gentleman with a good heart and keeps it real at all times. Basically that's what I am looking for in a woman. She needs to be intelligent and attractive, have a good heart, easy to talk to and likes to write from time to time. I'm brown skinned, brown eyes, full lips, light mustache and jet black wavy hair. 34, 195lbs, 5'11" and I work out 4 days a week.

Anthony Speights FL-6105, SCI Laurel Highlands, 5706 Glades Pike, PO Box 631, Somerset, PA, 15501-031: 57", 1951bs, brown skin, very athletic with an athletic body. I like all types of sports. I also like movies and like to read James Patterson books. I like to travel and meet new people and I'm a very open person always looking for new changes and new experiences. I like a challenge. Waiting to hear from a special person.

LaVince Patrick 227748, 1181 Paddock Road, Smyrna, DE, 19977: 5'8", 1951bs, caramel skin tone, bald head, light beard, stocky muscular frame, 37 years old. Ilike reading, writing poetry, chess, and sports. I dislike negative energy and fake people. In search of pen pals for friendship, any race, looks unimportant, any location acceptable. MUST BE FEMALE.

DOWN WITH ME

Cedrick Solomon 201946, NECX, PO Box 5000, Mountain City, TN, 37683: 33 years, 6'3", 235lbs, caramel colored complexion, dark brown eyes, moustache & goatee with low hair with waves. I like to write and shoot b-ball, as well as watch TV and listen to music.

George Hopkins FW5493, 175 Progress Drive, Waynesburg, PA, 15370: I'm in dire need of some mental and emotional support! 26, Black, 6ft, 165lbs, brown skin, walnut colored eyes and wavy hair. I'm pretty sure you feel I have just described the average dude but I am more than ordinary. I'm looking for someone who is down to earth and likes to take chances.

Buddy Randolph 437920/223851C, South Woods State Prison, 215 Burlington Road South, Bridgeton, NJ, 08302: I dislike females that lack intelligence and are mentally unbalanced. I am attracted to redbones, thick, luscious lips and pretty eyes. I like an intellectually strong-minded female that can hold a conversation and can handle the ups and downs of life with a smile. 26 years, 5'10", 190lbs, brown skinned, brown eyes, luscious lips, baby face and long dreadlocks.

Michael Fisher, SSCF, 700 Charlestown Rd, Springfield, VT, 05156: 5'8", blue eyes, brown hair, 211lbs, SWM, age and race are not important to me. I'm looking for an honest and loyal, caring, loving woman that would like to find a man that will care and love them for the person they are. I like reading and drawing, writing letters. Please write and I will respond to all that write. I'm 29 and I like sports, music and movies.

Matthew Jenkins GQ8800, SCI Forest FB, PO Box 945, Marienville, PA, 16239: 22 years, 5°10", 185lbs, brown eyes, good physique. My hobbies include writing, exercising, generating and generating revenue. I like honesty, imperfection and risk takers. I dislike liars, perfectionists and sexists.

Wilfredo Mercado FY8944, SCI Forest JA1004, PO Box 945, Marienville, PA, 16239: 26 year old Puerto Rican. 57, 200lbs, light skinned, long brown hair and hazel eyes. I play baseball, basketball, ping pong, volleyball, dominoes and chess. I'm a really good cook and clean person. I'm looking for a female friend that has some free time and would like to do some of the things that I do. I'm single and I like to go out to the movies and clubs. I'm a very understanding person and like to have a good time. I like pets.

Anthony Duley 282011, Perry CI D-X-19, 430 Oaklawn Rd, Pelzer, SC, 29669: I have been up and down on this journey. Time is hard on a brother and I am looking for a pen pal. I have a picture I can send. I am only looking for a friend.

Steven Fondo L39347, Graceville CF, PO Box 89, Graceville, FL, 32440: 28 year old Italian male, 6'4", 190lbs, slim, very handsome, blue eyes, dirty blond hair, Christian, love to sing and play basketball. Looking for a nice attractive BLACK female.

Keith Baker, SSCF, 700 Charlestown Rd, Springfield, VT, 05156: Looking for pen pals over the age of 25 to share life with. I go to church a couple of times a week, love music and have played the drums for many years. I am in a computer course here. I am 5'6", 190lbs, blondish brown hair, humorous, down to earth and friendly. I am looking for people who like to write.

James Stone 138991, 300 Corrections Drive, Newport, AZ, 72112: Divorced 7 years, 54, loves books, art, motorcycles, home life and cooking. I get along better with ladies than I do guys.

Maurice Ainsworth F11401, YAFC, PO Box 217, Felton, CA, 95018: I'm a God-fearing man mixed with Black & White, light skinned, well groomed, clean cut individual with strong family ties. Hove the outdoors, small and large animals, cooking, writing and any kind of music (R&B the most). 29 years young, 6'6", 2701bs seeking a female girlfriend, lady, woman, pen pal, friendship, etc. Any weight, height or age. She needs to be funny, cool, sincere, understanding, realistic, open minded and intelligent.

Sonny Benton 1443303, Lynaugh Unit, 1098 S Hwy 2037, Ft. Stockton, TX, 79735: I am looking to write a pen pal of the female gender. I am 5'9", 150lbs, brown hair & eyes, 27, have been married twice. Looking for an honest, big hearted woman to share my time and company. Hove the beach. If you are interested in writing to a sensitive, well behaved young man, please write me.

Efren Martinez 877257, Lynaugh Unit, 1098 S. Hwy 2037, Fort Stockton, TX, 79735: I'm 29 years, 5'5', 160lbs, hazel eyes. I'm looking to get acquainted with a woman being sincere, and straightforward. Race/Ethnicity or religion does not matter. I enjoy being male companion who is a good listener. If you feel up to it get at me

Stephen Clark 1053079, Lynaugh Unit, 1098 South Hwy 2037, Ft. Stockton, TX, 79735: My heart sits very heavy still after all these years being in here from the ones that I love so very much and have to had to experience the complete unjust that was given to me over my case and have set here while my loved ones have been hurt physically by other people and sit why the some of the rest have died. To have someone close by or to be able to talk to through correspondence would help out a great deal.

Carlos Campbell 1245578, PO Box 256, Mt Vernon, GA, 30445-0256: From Cincinnati, OH, 35, 5'8 1/2", brown skin, handsome, Muslim since '88. Made a bad choice and off the din while on vacation in Atlanta and got caught up. Single, never married, three daughters, praying for a son or two, interested in someone that can build a friendship r relationship the Islamic way. Looking to establish an unconditional bond. If you are interested I have a non-prison address: 3908 E. Gatewood Lane, apt. 1, Cincinnati, OH, 45336

Johnathan Simmons 229882, Perry Correctional Institution, C-X-6, 430 Oaklawn Road, Pelzer, SC, 29669: 39, 5'10", combined of different ethnic backgrounds, 186 lbs. Looking for female pen pals of all ethnic backgrounds and ages. I believe in a Higher Being and am looking for someone who believes in a Higher Being. I am honest and truthful. My hobbies include writing, reading, singing, dancing, art, poetry, praying, helping others to the best of my ability, crafts, and surfing. I dislike people who are not honest.

Anthony Clark 1257874, Autry State Prison, H2-240, PO Box 648, Pelham, GA, 31779: They call me TC, looking for a female friend to write. I'm 43 from Alabama, a very smart person who is looking for a smart nice female, Black or White. I only have about another year to go.

Damion Soul H71087, CIM-MSF, JH-120L, PO Box 600, Chino, CA, 91708: I prefer plus size/BBW in the California area. I'm a Black man with interest for White women.

Randy Rainge B06493, PO Box 1700, Galesburg, IL, 61401: Looking for pen pals.

Terrance Scroggins B-59998, Hill CC, PO Box 1700, Galesburg, IL, 61402: I'm 35, strong, handsome, lonely Black man who's locked down and robbed of all enjoyments with a woman, ready to come home, relocate and start fresh. I'm 5'11", 200lbs, clean cut, well groomed and very well built. I'm God-fearing, charming, respectful, committed, extremely loving and very caring. I love reading, writing, wining/dining, swimming and keeping fit. Searching for a down-to-earth, open-minded woman for friendship.

Bryant Crow 389596, 3700 s. Kings Hwy, Cushing, OK, 74023: W/M, 36 seeking W/F ages 30 to 40 for friendship & pen pal. Interests too many to list. Open-minded and single.

Eric Adkin HD0824, 175 Progress Drive, Waynesburg, PA, 15370: White male, 27, short brownish hair with blue eyes, 152lbs with a stocky build, 5'9", very outgoing personality and attitude. I'm looking for a pen pal to write to get to know. I like to write freak stories and receive them or we can talk about anything. I like to shoot pool, swim, watch movies, camping, and to spend time with a loved one. I made a bad choice with the friends I chose to hang around. I'm looking forward to meeting new friends.

Larry Dozier 355616, Lawtey Correctional, A2-116L, 7819 NW 228th St, Raiford, FL, 32026-2600: I love the outdoors and camp every chance I get. My work took me all over the US and Canada so I have seen a lot of beautiful places and done some real good fishing. I love old blues & country the most but listen to all kinds of music. I love working with my hands and have several hobbies that I do in my spare time. I'm 6ft, 185lbs, in good health. I have pics I can send.

Douglas Williams 508846, Box 209, Orient, OH, 43146: 34, 6'2", 187lbs, black hair, brown eyes, hich school and college graduate. My hobbies are reading, writing, and playing chess. I'm easy to get along with, good listener and compassionate to others needs. I'm locked up for a fight gone wrong with a guy over my son. He touched my child and I beat him nearly to death.

Alfred Brodie 81A2760, PO Box 2000, Dannemora, NY, 12929: I am a Black male, brown complexion, 5'9", 49, black wavy hair, brown eyes, 165lbs. I like quiet walks on the beach, very outgoing person, sense of humor, spontaneous, open-minded, love children and respect women to the fullest.

James Price T75260, CIM, MSF, PO Box 600, Elm Hall 145, Chino, CA, 91708-0600: Looking or a female pen pal. 49, White/ Mexican, 5'11", 260lbs, good-looking. Need people that are for real all the way. My hobbies are cars and movies. Looking for women ages 27-48. I love God.

Christie Dowie, 1216 N. 25th St., Birmingham, AL, 35234: 29 years old, a true cowgirl! I love humor. Life is too short to be serious all the time. I'm 5'6", 132lbs, dark brown naturally curly hair, blue eyes. I love football, horses, fishing, classic cars, music, dancing and the beach.

Jeremy Angel 566114, PCI, PO Box 209, Orient, OH, 43146: 33 year old White male, hazel blue eyes, brown hair, 6'2", 230lbs, ex-Marine who believes in romance and treating a woman as a woman. I enjoy drawing and meeting new people.

Johnny Davis 102915, Columbia Correctional institution Annex, S-3116-L, 216 SE Corrections Way, Lake City, FL, 32025: I'm looking to correspond with anyone who has a positive outlook on life. I have no time for half-stepping. I'm 45 years old, blond/gray hair, blue/green eyes, 6'0", 190lbs. I've been in prison for a long time. I hope God puts it o your heart to write.

Christopher Shell V04675, 1yd-2bld-115up/cell, PO Box 799001, San Diego, CA, 92179-9001: I study business, I enjoy producing music and composing poetry. I'm slim in the waist and cute in the face. Athletically built, 5'9", 180lbs, black hair, brown eyes and caramel complexion. I'm seeking a pretty lady to exchange knowledge with. I don't discriminate and there's no state or coast too far.

Tony Difronzo 136248, 970 Pickett Street North, Bayport, MN, 55003-1489: I'm 6ft, 223 lbs, bald by choice, greenish-blue bedroom eyes, very broad shoulders, and very strong. I cook, clean, do laundry, write poetry, enjoy camping, hiking, swimming, fishing, reading a good mystery book. I love to cuddle and giving and receiving lots of affection, very romantic, making candle-light dinners, bringing home roses just to show my appreciation and love. I don't care if you are 150lbs or 500lbs. I'm looking for love.

Nick Turner T-71281, Cedar/B-1032L, PO Box 600, Chino, CA, 91708: Looking for a female pen pal. I'm 26 years ld. I am finally tired of being sick and tired.

William Dierolf HB2044, SRCF Mercer, 801 Butler Pike, Mercer, PA, 16137: 31, separated, 2 children. I write and draw.

Anthony Zuppo 283480, 1181 Paddock Rd., Smyrna, DE, 19977: I am 42 year old and I drag raced for a living before this situation happened. I also have played the drums since I was 6 years old and played in many bands. I'm 6'2", dirty blond hair "long", and I weigh 202lbs. I'm full blooded Italian, very romantic, it sounds corny but I like taking walks on the beach at night and romantic dinners. I don't like shy women or women that don't stand up for themselves.

Douglas Harkins HB6408, 801 Butler Pike, Mercer, PA, 16137: I've turned my life over to God's hands to guide my life now. Its better that way than the world I was following in. I'm 33 years old, 5'8", 190lbs, in good shape, medium build, brown hair-growing it long, brown eyes, mustache and goatee. I got some tattoos also. I've been a biker-hippy type guy all my life. I love Harleys, animals, camping, long walks or hikes. I love being romantic and quiet alone times. I'm adventurous and love trips-sightseeing.

Joseph Houston 1334861, Segovia Unit, 1201 E. EL Cibola Rd, Edinburg, TX, 78541: 35 years old looking for a beautiful woman who like to camp out, fish and other things. I have no one to write and no family at all.

Freddie McNeill 309-673, 878 Coitsville-Hubbard Rd, Youngstown, OH, 44505: I 'm a 33 year old death row inmate. My interests are working out daily. I also enjoy reading non-fiction books, watching all types of sports. I look forward to all who's willing to take the chance to get to know me. Take care and I await your response.

James Scott EP2838, 801 Butler Pike, Mercer, PA, 16137: I'm 42 years old, dark skinned, bald head with brown eyes. My hobbies are reading Islamic literature, newspapers and books. I'm also a sports fanatic. I'm looking for a Muslimah; someone who's on the correct mindset much like myself; someone that is trying to meet someone special; someone that doesn't mind writing somebody in jail or getting to know a very good, sexy, intelligent Muslim brother. Photo sent upon request.

Rudolph Cooper 09913-041, FCI, PO Box 1000, Oxford, WI, 53952: I am a 40 year old, light skinned black male. I'm 5'10", 195lbs, brown eyes, short wavy hair, in great shape and good looking. I like to travel and go to new places, outdoors, sports, cars, music and movies. I like outgoing women who are adventurous. I want to meet a woman for a long term friendship or possible relationship. Race and color does not matter.

Elwaldo Charles 07B0513, Groveland Correctional Facility K-1, 7000 Sonyea Rd, New York, 14556: I am looking for a female penpal between the ages of 25-45. I am 49 years old, African-American, 5'8", 190lbs, brown complexion, brown eyes and handsome. I like listening to music, good food, easy going, honest, quiet evenings at home and traveling. I dislike smoking, drugs, racial discrimination, heavy drinking and dishonesty.

Michael King 210006, CCF Delta South 256, 3700 South King's Hwy, Cushing, OK, 74023: I'm down to earth and loyal to my friends. I truly love Mother Nature and everything in it. If you're interested in a healthy and honest friendship, then you should write me. I'm 5'9", 190lbs, straight up solid. I enjoy working out, music, reading and writing. The only thing I play is sports. I don't play head games. I'm all real. I am an American Indian. I am in search of a good woman who shares the same interests as me.

DOWN WITH ME

Robert Smith 789293, Dade Correctional Institution #300, 1900 SW 377* Street, Florida City, FL, 33034: I have brown eyes, smooth wavy hair, smooth dark brown skin complexion, 191lbs stack solidly on a 5'7" frame. I like classics, R&B, Jazz, walks in the park, movies, going out to dinner for a candlelight evening. I'm full of tender loving care to share for that special someone. I seek a financial, independent, serious person who's tired of disappointments. Only the serious need to respond.

John Merritt 058704 E4-105U, Hardee Correctional Institution, 6901 State Road 62, Bowling Green, FL, 33834:8976: Having been in prison for over two decades, and now a young 50(smile), one of the surprising manifestations that took place in me as a result of deep soul searching and gaining esoteric spiritual knowledge in the 90's decade, is that I can do psychic readings. A truth about abilities of the soul is that "you use them or you lose them". If you would like a free psychic reading just contact me.

Frederick Johnson 582112, Dade Correctional Institution F113-U, 1900 SW 377th Street – Suite 300, Florida City, FL, 33034: Hello, it's a wonderful day. Yes, I am quite sure since you are reading this breathing the air, that has brought this and many opportunities. I have thick eye-brows, brown eyes, Indigo black curly hair, a smooth reddish-brown complexion. I stand 6'2" in quick sand, weigh 217 lbs.

Bobby Reagin 192687, Moore Haven Correctional Facility, Dorm 4-C-205, PO Box 718501, Moore Haven, FL, 33471: 1 am a brother who loves the Lord with all his heart. My life has changed for the better. Whoever writes me back I pray the same is true with her. I'm 6', 250lbs, Black, 42, love working, cooking, playing basketball and football, and I have 100% respect for all women who are doing something with their lives.

Steven Grice 04-B-0125, Groveland Correctional Facility C-1-44, 7000 Sonyea Road, Sonyea, NY, 14556; 27, White, 6'2", red hair, enjoys the outdoors and auto type activities. Looking for a male or female as a pen pal, open-minded in all areas.

Willie Bradshaw 1276467, Lynaugh Unit, 1098 S. Hwy 2037, Ft. Stockton, TX, 79735: I'm 6'2", 200lbs. My hobbies are reading, basketball, weight-lifting and cooking.

Raymond Watson H26174, Moore Haven Correctional Facility H1-1C, PO Box 718501, 1900 East State Rd 78 NW, Moore Haven, FL, 33471: I am looking for a female companion to write to. I am 23 years old, White, black hair, brown eyes, 180lbs, like fishing and doing things outdoors.

Keith Burns 34480, PO Box 14, Concord, NH, 03302-0014: I'm 35, 5'9", 185lbs with brown hair and eyes, I like cooking and sports. Looking for females only 25-40. Friends only. Will write all who answer....

Jason Chase R28064, PO Box 1700, Galesburg, IL, 61401: 25 years old, brownish hair, blue eyes, 180lbs, 5'9 ½". I like all outdoor sports except soccer. I like to play baseball but can't stand watching it. I like to kick back and watch TV/movies. I like to read when I can. I'm a billiards fanatic. I love food, especially shrimp. I can't stand short term relationships. I can't stand olives or mushrooms on pizza. I have 2 kids that I love dearly. They are my life.

Salem Sullivan 516796 F2117LO, Hendry Correctional Institution, 12551 Wainwright Dr., Immokalee, FL, 34142: I am 38 years old, White, blue eyes, bald from shaving. I like to fish and spend time in the woods. I would like to write anyone.

Darnell Ray, Jr. 95810, CCF-D South 263, 3700 South Kings Hwy, Cushing, OK, 74023: I'm searching for a lady that will take some time to get t know me. A lady friend who is what I pray for. Someone that I can write, share my thoughts, dreams and most importantly my love of God. If you take the time to write me I'll always return a letter. I hope you will respond to my personal and thank you for taking the time to view my profile. I promise I'm true to my word and you won't be disappointed.

Leotis Troutman Y11998-021745, Apalachee Correctional Institution – East Unit, 35 Apalachee Drive, Sneads, FL, 32460: I am a college graduate and in my forties. I am not particular about race or educational background. I seek friendship with a female. I am a lonely inmate looking to correspond with a woman.

Robert King 109618, Baker Correctional Institution Dorm – A2118L, 20706 Us hwy 90, Sanderson, FL, 32087: I would like to correspond with someone to lift my spirits. It is almost unbearable being locked up. If I had a positive pen pal it would make my time a whole lot better.

David McNeese 386322, HCCF, PO Box 549, Whiteville, TN, 38075: 23, 5°11", 180lbs, brown hair, hazel green eyes, fair build, tattoos, tongue pierced and both my ears. I'm not shy to express myself. Will relocate if I find the right one. I like to draw, poetry, working, building things, working out, etc. I like White, Latin or European women form ages 21-40 & 90-130 lbs. Can't be taller than me – 4'9" – 5'9" is good. I'm a message therapist as well.

What's Going On...

Muslim Virginia Prisoner Entitled to 2,200

Calories During Ramadan

A federal district court has issued a preliminary injunction requiring the Virginia Department of Corrections (VDOC) to provide a Muslim prisoner with "food items containing 2,200 calories" daily during Ramadan, a moth-long period of religious fasting. This action was brought by Keen Mountain Correctional Center prisoner William R. Couch, who is a Sunni Muslim. Couch's complaint alleged claims under the First Amendment and Land Use Religious and Institutionalized Persons Act (RLUIPA), stating that the prison officials had "deprived him of adequate nutrition and calories during Ramadan" in 2002, 2003, 2004, and 2005.

VDOC operating procedures allow each prison to decide whether to provide Ramadan participants with the same full, hot breakfast that is served to the general prison population or to provide a significantly smaller, cold bag meal. During previous Ramadans, Couch was provided with only "approximately 1,000 calories per day." As a result, he said he experienced weight loss of about 13 pounds, constant hunger, "hunger headaches", and listlessness.

For the Ramadan fast in 2006, prison officials advised Couch they would follow the previous Ramadan procedures. Couch then filed a suit on the previous violations of his religious rights and for preliminary injunctive relief to prevent future violations and harm. The court granted the defendant's motion for summary judgment in part, finding that some of Couch's claims were barred by the statute of limitations and others for failure to exhaust administrative remedies. The remaining exhausted claims were allowed to proceed. See: Couch vs. Jabe, 479 F.Supp.2d 569 (W.D. Va. 2006).

In ruling on the preliminary injunction motion, the district court found the defendants did not present evidence to contradict Couch's claim that he suffered physical injury of weight loss due to reduced caloric intake during Ramadan. Nor did they refute that the smaller bag breakfast only contains about 1,000 calories per day.

The court held that such weight loss is "an injury that amounts to irreparable harm." The defendants offered no evidence that the preliminary injunction, if granted, would "disrupt the orderly operation of the food service process at Keen Mountain and other prisons." As such, the district court entered preliminary injunctive relief requiring prison officials to provide Couch with 2,200 calories daily during Ramadan. See: *Couch vs. Jabe*, USDC W.D. Va. Case No. 7:05-cv-00642-PMS (Sept. 22, 2006).

The case settled on undisclosed terms on March 19, 2007, and the court retained jurisdiction to enforce the settlement agreement between the parties.

Another Black Female Rapper Sentenced to Jail...Dabrat Sentenced

to 3 Years in Prison Today, the rambunctious hip-hop lyricist and reality TV fixture was sentenced to three years in prison for striking a woman with a rum bottle at an Atlanta-area nightclub. The Atlanta-Journal Constitution' reports that a DeKalb County judge also sentenced the 'That's What I'm Looking For' rapper, whose real name is Shawntae Harris, to seven years probation and 200 hours of community service. The fateful incident occurred during a Jermaine Dupri-hosted Halloween party at Georgia-area nightclub Studio 72 on Oct. 31, 2007. The victim, a waitress at the club, had to be hospitalized after being struck by the rapstress, and Superior Court Judge Gail Flake said the woman suffered permanent facial scarring. Da Brat and the victim had reportedly gotten into an altercation prior to the assault, police said at the time. This sentence follows a strong of other female rappers who have been imprisoned for assault and attempted manslaughter, including Lil' Kim, Foxy Brown and most recently Remy Ma. Da Brat may be written @ Shawntae Harris 1287419, LASP, PO Box 709, Alto, GA, 30510



A Fort Lauderdale federal judge sentenced a former agent for U.S.Immigration and Customs Enforcement to seven years in prison on Thursday for forcing a female detainee in his custody to have sex with him at his Tamarac

home.

Wilfredo Vazquez, 35, pleaded guilty in April to two counts of sexual abuse,

admitting he brought the woman to his home in September 2007 while

transporting her to a Broward

County<http://www.sun-sentinel.com/news/local/broward/>holding

facility for deportation to Jamaica.

U.S. District Judge William Dimitrouleas called the incident a "horrific

crime" that sent a terrible message to people in U.S. custody.

The woman, identified in court records as M.C., did not attend the hearing.

In a letter to U.S. District Judge William Dimitrouleas, she said the

experience caused her "lingering shame, emotional distress, pain, [and] guilt."

"Whatever sentence this Court imposes will be far lighter than the

nightmarish existence that I must endure for the rest of my life," she wrote.

Vazquez volunteered to transport the detainee from the Krome Service and

Processing Center in southwest Miami-Dade County to the Broward Transition

Center on Sept. 21, according to court records. During the trip, Vazquez

removed the woman's handcuffs and instructed her to ride in the front

passenger seat. He allowed her to use his cellular phone for personal calls,

the records state.

Vazquez then began requesting sexual favors, the records state. Though the

woman protested, Vazquez drove her to his house and demanded sex. During the

incident, Vazquez kept his fi rearm attached to his waist.

The woman later told authorities she was afraid to resist. That night she

confided what had happened to another detainee, who informed a guard.

What's Going On...

cont'd from pg 29

Vazquez initially denied having sexual contact with the woman, according to

court records. However, her story convinced authorities because she was able

to describe the route to Vazquez's residence and the home's interior. A

review of SunPass records for the vehicle Vazquez drove while transporting

the woman confirmed that he exited the Florida Turnpike en route to his

home.

Before being sentenced, Vazquez apologized to the woman, and to his wife and

relatives.

"I was clouded. I was weak. I don't know what I was thinking," said Vazquez,

a Marine Corps veteran and former Army reservist in Iraq. "I have failed my

country, my family and my friends."

Dimitrouleas sentenced Vazquez to 87 months, the prison term agreed on by

both sides in a plea agreemen t. Had the case gone to trial, the judge said.

Vazquez would almost certainly have been convicted based on "overwhelming"

evidence and faced a far more severe punishment.

Prosecutor Daniel Rashbaum said the government entered the agreement to

spare the victim from testifying at trial. Rashbaum said she approved the

agreement knowing Vazquez's likely sentence.

Defense attorney Joel DeFabio said he was happy with the outcome, noting his

client will never again wear the uniform of law enforcement or the military.

"He's totally embarrassed and ashamed," DeFabio said. "This is somebody

whose whole life is service and now he can't do that. That's the biggest

punishment."

In her letter, the woman asked Dimitrouleaus to impose the

sentence," which would have been life in prison. "By doing so, maybe, just

maybe, another woman's life will not be destroyed the way Wilfredo Vazquez

has single-handedly destroyed mine."

Va nessa Blum can be reached at wbblum@sun-sentinel.com or 954-356-4605.



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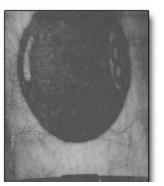
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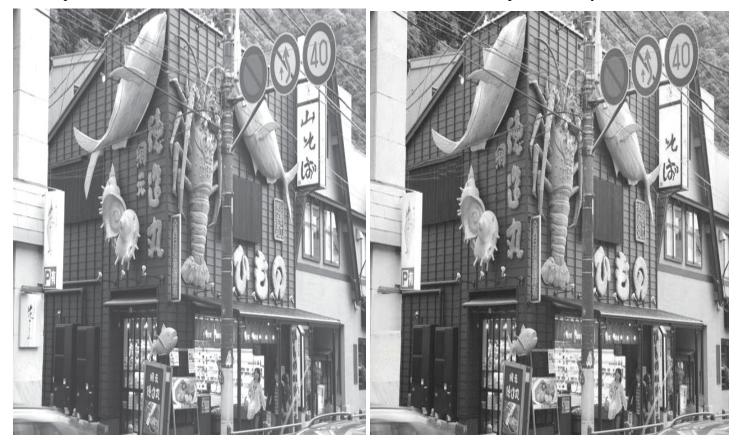


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Author Spotlight: Demico Boothe

Demico Boothe, author of WHY ARE SO MANY BLACK MEN IN PRISON? and GETTING OUT & STAYING OUT: A Black Man's Guide to Success After Prison is considered by many to be an expert on the U.S. criminal justice system as it relates to African-Americans. He served 12 consecutive years inside of federal prison and was released in November of 2003. Since the release of his first title in 2007 (which he wrote while he was still incarcerated) Demico has been crisscrossing the country networking and speaking and raising national awareness about the crisis of African-American male criminality and imprisonment and has found that he is uniquely equipped to address certain dynamics within the mindsets of many African-American male youth as well as the American criminal justice system that are responsible for the creation and continuance of this crisis. He currently resides in his hometown of Memphis, TN where he works with the local community on a daily basis to address issues involving young Black men.

What would you say to all of the prisoners that are reading this article?

I would say to them to read everything educational and to definitely check out my book "Getting Out & Staying Out: A Black Man's Guide to Success After Prison" where I break it down for black men in prison and fresh out of prison.

What were your biggest obstacles while doing time?

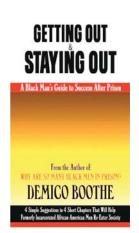
My biggest obstacle while doing time was getting serious supportive assistance from the prison staff and the system as a whole.

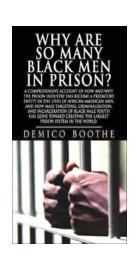
What were your biggest obstacles upon your release?

My biggest obstacles were finding employment.

For more information about Demico Boothe and to purchase books, please contact:

Full Surface Publishing P.O. Box 342405 Memphis, TN 38184 Phone: (901) 218-0714





Jenny's Lists

Back by popular demand are my lists of thinks that I like and things that get on my nerves. May of you have commented on my lists from the Winter Edition 2007, Several of you feel the same as I do and it is good to know that many of us have things in common. Tell me what you think...good or bad.

- 5 Songs People Would Be Surprised to Know I Liked
 - 1. Cat's In the Cradle Harry Chapin
 - Devil Went Down To GeorgiaCharlie Daniels Band
 - 3. Bye Bye Ms. American Pie Don McLean
 - 4. Mmm Bop Hanson
 - 5. Wanted: Dead or Alive Bon Jovi

5 Comfort Foods

- Hot Chocolate w/whipped cream
- 2. Plain Lays w/hot sauce
- 3. Plain Lays w/sour cream
- 4. Mango
- 5. Brazil Nuts or Pecans

The Vent - Celebrities on Blast

Here are the addresses for a few celebrities who I guess felt were either "too good" or "too busy" to do an interview with me for the magazine. I have reached out to them several times mostly to no response or just excuses. Write them and let them know how that makes you feel. Let them know that inmates are people too and that they should never be "too successful" to reach out and respond to people.

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Wentworth Miller (Michael Scofield – Prison Break) PMK/HBH

700 N. San Vicente Blvd. 9th Floor West Hollywood, CA 90069 310.289.6200

- 5 "I Can't Believe It" Moments
 - People suing to stop Barack
 Obama from being president.
 - 2. People saying Barack Obama is Muslim.
 - Preachers teaching hate and saying hateful things about Barack Obama.
 - 4. Dick Cheney getting indicted.
 - 5. The prison at Guantanamo Bay will be closing.

5 Pet Peeves

- Not returning an email or phone call
- 2. People who are judgmental
- 3. People who are hypocrites
- 4. People who celebrate Christmas because it is on the calendar but do not relate it to a religious holiday. Duh!
- 5. People who have an excuse for everything.
- 5 Current TV Shows I "can't" Miss
 - 1. Prison Break
 - 2. CSI- Miami
 - 3. Law & Order/Law & Order SVU
 - 4. American Idol
 - 5. Ugly Betty

5 Things I Could Not Do

- 1. Work a job for 20 years in order to retire
- 2. Smoke crack, weed, meth or any other drug
- 3. Go into a store a shoplift
- 4. Tell someone they look good when they don't
- 5. Be mean to a child

5 Things I Could Do (Easily)

- 1. Run a red light if I'm flowing when it turns yellow.
- 2. Correct people about misstatements about Islam
- Answer all of my calls home phone and cell phone (no screening)
- Give a bill collector a family member's phone # (so they stop calling me)
- 5. Keep It Real

Do you have something you would like to vent about? Send us your lists and we will post your them in future issues. Send them to PO Box 380, Powder Springs, GA, 30127

5 Things You Should Always Tell Your Child

- 1. Put God First
- 2. I Love You
- 3. When you fall down you need to get back up...quickly
- 4. Whatever you do...be the best
- 5. There is nobody perfect but God

People I Just Can't Understand

- 1. People who come to the family reunion just to argue
- 2. People who get drunk and don't remember anything that happens
- 3. People who think everybody goes to heaven
- 4. People who think their kids can do no wrong
- 5. People who feel they can't learn from other people
- 6. People who get in the express checkout line with a buggy full of groceries
- 7. People who talk about somebody but cannot repeat it to someone's face
- 8. People who say they keep it real but hide everything under the sun
- 9. People who care more about what's going on with celebrities rather than their families
- People who think wine was actually drank in Biblical days (it was grape juice – read a book)

9	4	8	2	6	5	1	3	7
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2	5	7	8	3	1	9	6	4
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Ken McGee was the "white guy" traveling aide to Carl Stokes in his campaign of 1965 to

become the first black Mayor of a major American city. McGee went on to do one hundred

political campaigns as campaign manager, grass roots organizer, and speech writer.

As a rising star in the civil rights movement (he met privately with Dr. Martin Luther King

Jr.) he was on a fast track to success when he was arrested in Seattle on a cocaine

possession charge. This is a story of political intrigues, addictions, and the personal

travails of a man driven by idealism, beset by addictions, and in the end saved by the power

of prayer and a enduring love. For speaking engagements please contact:

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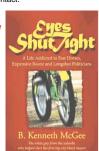
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Ken McGee PO Box 329

Louisburg, NC 27549

Web site: www.eyesshuttightmcgee.com



"Know they not that Allah is He Who accepts tawbah (repentance) from His servants and takes the sadaqa (charitable acts), and that Allah; He is At-Tawwab (The Oft Returning) and Ar-Raheem (The Most Merciful Redeemer)."

(Surah 9:104)

So many people today, especially the youth, live their lives as if they cannot go to prison, despite the numerous warnings displayed to them repeatedly in various ways. Just as surely as you were arrested, judged and incarcerated in this prison system; you will die, be raised to judgment and sentenced to the Naar (Fire) or Jannah (Paradise). Within the limits of our knowledge it is not guaranteed that we will go to prison, but it is guaranteed that we will die. It is foolish to ignore the warning signs that tell us of the possibilities of being incarcerated in this ever growing prison system. It is much more foolish to ignore the warning signs that tell us of the possibilities of being imprisoned in the realms of Jahannam (Hell). Our nations' crime rate, and prison population should be considered signs that our lives and our society are going down a destructive path that will result in our ultimate, collective failure. The experiences of pleasure and pain, satisfaction and loss, are not limited to the life of this world. It is important here to reflect upon

Bismi-Allah ir-Rahman ir-Raheem

"Tawbah" - "Repentance"

The word "penitentiary" is derived from the word 'penitent', meaning "to repent" and "to feel remorse for sin and wrongdoing". The primary purpose of incarceration according to most modern (western) thinking, is "to punish criminals" and "to protect the public from those who need punishment". This kind of thinking does not completely correspond to the original concept of "penitentiary". The worldly (secular) idea is more accurately expressed by the word "prison", which simply means "a place of confinement or incarceration". There is nothing in the etymology of the word "prison" that indicates "repentance" or the intention of encouraging repentance. The anti religious attitude of secularism, which places no value upon repentance, is a prime obstacle to rehabilitation. The result of this "prison mentality" is an incomplete, and inadequate system for solving the multi faceted problem of crime. The non-rehabilitative environments of our nations' prison systems have greatly contributed to recidivism (repeated or habitual relapse, as into crime; "to fall back"). Repentance is essential for the decreasing of recidivism, and for successful rehabilitation. We are taught in Islam that the time for repentance is now, in the life of this world, before The Day of Judgement.

The Arabic word for "repentance" is "tawbah", meaning "a turning away from or to" and even "a returning". In the Islamic sense it means to sincerely turn away from kufr (unbelief), zulm (wrongdoing and/ or oppression), dalaal (deviation) and things of that nature, while turning in peaceful, submissive obedience (Islam) to Allah Almighty. It is the returning of the created being to The Uncreated Source of all that exist. Personal responsibility and accountability are embraced by the Muslim as a matter of spiritual principal and religious practice. Islam requires gentleness, honesty, and self sacrifice. The criminal lifestyle is totally rejected; redeemed by the Muslim lifestyle. One of the Names of Allah (SWT), derived from the same root as tawbah is At-Tawwab meaning "The Oft Returning-[The One Who is continually Turning toward us], The One Who Causes and Accepts tawbah).

the word used in Surah 83:7, wherein we are told that those who receive punishment on the Yawm id-deen (The Day of Judgment) will be given their book in their left hand. The name of this book is "Sijjeen", a Quranic word from the Arabic root word "sijn" meaning "a place of confinement", "a prison". This book contains the reality of ones deeds and these very deeds, on that day, become the self laid snare of the damned. To be without tawbah (repentance) in the life of this world, is to be mentally, emotionally and spiritually imprisoned, with only a brief illusion of freedom. A person can be spiritually imprisoned without being physically incarcerated. The institutional prison system is actually the manifestation of the 'prison mentality', a symptom of the internal condition of an unrepentant society. The unrepentant are predisposed to failure. Evidence of this predisposition is often heard in the words of prisoners who say to those who repent "you weren't religious in the free-world so don't start being religious now"; such people are simply spitting out the programming of the prison/slave mentality, which is self perpetuating and collectively detrimental. This is a growing anti-religious attitude, which has become very trendy in our society, and people will cling to it even while sitting on their prison bunk. We must turn away from those thoughts, and ideas which encourage us to reject the solution to our problems.

"O humankind, there has come to you indeed an admonition from your Rabb (Lord) and a Shifaa (Healing/Cure) for what is in the breast; and a Hudan (Guidance) and a Rahmah (Mercy) for the Mu'mineen (Believers)."

(Surah 10:57)

Lugman Mudhakkir TPDP Coordinator

See Contact Info for Luqman Mudhakkir on pg 36

www.tylermuslims.com www.akbar3000.com tpdp@tylermuslims.com





Atlanta's Akon comes clean on his criminal

record

By SONIA MURRAY

The Atlanta Journal-Constitution Tuesday, December 02, 2008 Aliaune Thiam has been playing up his criminal past since he officially arrived on the music scene in 2004 as Akon.

Akon concedes this was all purposeful, "but only to remind myself of where I'd come from, what I've been through, and what I don't want to go back to."

However, earlier this year, the Smoking Gun Web site reported that the Atlanta singer had fabricated much of his claims about being a convicted felon and one-time leader of a car theft ring.

Days before the release of his new album, "Freedom," (initially titled "Aquitted), we asked Billboard magazine's Top Pop Artist of 2007 to come clean:

O: So let's start with the big, main thing that's would have had enough to make it stick. out there - and that the Smoking Gun reported to be false: Did you spend three years they didn't have enough evidence. That's in a Georgia prison?

A: "Actually, this is what it was — and if you don't mind I'm going to start from the beginning. When I first came to Atlanta, I wanted to go to school at Clark (Atlanta University). My pop (master percussionist Mor Thiam) was working over there with the band as a consultant, and I thought I was going to play basketball. "Anyway, I ended up hurting my knee and I was like, 'You know what? College was never for me. I want to be in the music industry." "

15 Minutes of Fame

Q: OK, you're going to have to fastforward a little bit ...

A: "It's long, I know. But I wish the Smoking Gun had asked me so I could tell them this, too. I don't mind talking about my past. ... OK, I played around until about '98 before I realized, 'OK I've got to get some money. I'm broke.' That's when the hustler mentality came out in me. I got caught up in cars and this and that. Kept going in and out of jail. Three months here, six months there, two weeks here. And it was to a point where I was like, 'This really doesn't make any sense. What am I doing?' And the last stretch I did was six months in DeKalb County after I was pulled over in a stolen car."

Q: Did you steal the car?

A: "No. The majority of the time I was in jail was for theft by receiving. I was always receiving stolen cars."

Q. You do know how crazy that sounds. Were you the ring leader of a car theft ring?

A: "No. I mean, honestly, if I was, they They tried to convict me as ringleader and why I was in DeKalb for so long, I guess: They were trying to gather evidence."

Q. But in the end all of the charges were dropped. That's in line with what the Smoking Gun reported. Go ahead.

Akon Konvict Online 307 West 38th Street Suite 807 New York, NY 10018 A. "Well, when I got caught in DeKalb they found out I had an outstanding case in New Jersey, so after DeKalb County I had to go deal with that. The gun (possession) charge. That worked out and I got three years' probation."

Q. After you pleaded guilty.

A. "Right. So I guess when I was being interviewed, and I would say, 'Yeah I did about a good three years,' I wasn't saying I did a three-year stretch. I was calculating the time from when I started to get in trouble to the time when I said, 'Enough is enough'. And I think that was mistranslated in the Smoking Gun article and other stories."

Q. So again, for the sake of clarity, you have never been convicted of anything.

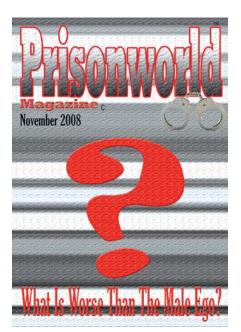
A: [Nods]

Q. And yet, again, you call yourself Akon to remind vourself of that troubled time in and out jail.

A: [Nods again] "And to give those people hope who I met behind bars who were so talented. 'Locked Up' was like an anthem to them, before it was a hit record. I'm not trying to glorify convicts and jail life and gangsters."

Q. Most of your hits are actually partying and/or sexual in theme.

A: "I want to do something positive with my music. That's what 'Freedom' is about. But you have to get people's attention first, so they can hear you. It's sad, but like jail, the music industry is a trap, too. Like movies, positive stuff doesn't get the promotion that action movies, guns and violence gets. So I jumped the gate and gave it to 'em just like that. I did a song called 'I Wanna [Expletive] You,' and it's a success."



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AMERICAN Correctional Association, Publications Dept., 8025 Laurel Lakes Court, Laurel, MD 20707-5075 (800) 825-2665 Parole planning guide: "As Free as an Eagle". Sells other self-help books.

Association of Gospel Rescue Missions, 1045 Swift Street, N.Kansas City, MO 64116-4127. Offer re-entry help most states. Conquest Offender Reintegration Ministries, PO Box 73873, Washington, DC 20056-3873 (202) 723-2014. Federal prisoners who want to be released to DC, write for an application for transitional housing.

INTERSTATE Publishers, 510 North Vermillion Street, P.O. Box 50, Danville, IL 61834-0050 (217) 446-0500 also sells parole planning manual: "From the Inside Out".

MANATEE Publishing, 4835 North O'Conner St. #134435, Irving, TX 75062 sells "Getting Out and Staying Out". Fee \$22.45. Open, Inc., PO Box 472223, Garland, TX 75047-2223 sells "99 Days & a Get-Up", "Man I need a Job!". \$4.95 each. Good helps! The Salvation Army, 615 Slaters Lane, Alexandria, VA 22313. Residential programs in some cities.

The Missing Link, P. O. Box 40031, Cleveland, OH 44140-0031. life-changing, Christian residential programs.

Transition of Prisoners, Inc., PO Box 02938, Detroit, MI 48202-2119. Resources & Support.

Association of Gospel Rescue Missions, 1045 Swift Street, North Kansas City, MO 64116-4127

LEGAL ADS

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With all honor and due respect I Tony Davis request your legal expertise and assistance in the matter of the class action lawsuit against Countrywide Mortgage Company. I am also a victim of their corruption, without effective assistance of counsel. I am in dire need of professional legal representation. I thank you in advance for your help.

Tony Davis J-76575 California Correctional Institution Unit I Briggs Hal 61 Low PO Box 107 Tehachapi, CA 93581

Female, 24 yrs old, down almost 4 years for Armed Robbery, but I had no weapon! The gunman is a free man! I only want what the State agreed to do, reduce my sentence! Remedy is through habeas corpus. Any case info or research is appreciated.

I'm pro se. Please help! Anika Truitt 1202009 Lee Arrendale State Prison PO Box 709 Alto, GA 30510

Seeking Legal Assistance - I was aired on "America's Most Wanted." Since people all over the world view the show, different states are issuing warrants and lodging detainers on me for same and similar crimes. So far 7 states and counting. I need all the help I can get.

Lizette Coleman O7-G-1188 Albion Correctional Facility 3595 State School Road Albion, NY 14411

Special Ed teacher convicted of Grand Theft. \$2000 restitution, 5 years prison, 1st time offender. Please send any info that can help me to:

Matthew Morgan M49750 - B1-120L Gainesville Correctional Institution 2845 NE 39th Ave

Gainesville, FL 32609

Innocent man seeking all the help he can get. For more information go to hometown.aol.com/PlainWrongInDE. To help with an online petition go to ThePetitionSite.com/1/FriendsofPaul.

Paul Weber SBI 162469 Vaughn Correctional Center 1181 Paddock Road Smyrna, DE 19977

Looking for legal assistance from anyone. I'm wrongfully convicted, serving 35 years, framed for a crime I had nothing to so with. I'm a pro-se litigant - also functionally illiterate. I need help. Write Soon.

Demetrius Jackson N33491 Pontiac Correctional Center

PO Box 99

Pontiac, IL, 61764

A True Injustice - Seeking Legal Assistance

Convicted of Murder 2nd, Crim Pos, Weapon 2nd and 3rd degrees in the city of Buffalo, NY, with 2 Buffalo Police Officers (eye witnesses) testifying that I am not the shooter the identified. Neither scientific, nor physical evidence implication the defendant of said crimes convicted of. Pro se litigant seeking justice.

Willie Ivy 93-B-2469

Attica Correctional Facility

PO Box 149

Attica, NY 14011-0149

I need a lawyer to help me prove an illegally implanted microchip in my physical body. This took place to me in the West Virginia Department of Corrections.

Sanders E. Brown, Jr. 27110 One Mountainside Way Mt. Olive, WV, 25185

PLEASE HELP a non-violent inmate with donations to enable him to hire a lawyer for his defense and to petition the court for a reduction of sentence because he is needed at home in Ohio to care for his elderly parents. His mom is going blind and stepdad became paralyzed to a wheelchair just recently. The federal public defender's office will not defend him in this case and would not defend him the first time on this case. To give a donation email bernardmorris @voiceforinmates.com. Bernard Morris 05490-087

Devens-FMC PO Box 879 Ayer, MA 01432

The petitons are online to bring awareness and demand justice for Ohio prisoner, Tony. The legal documents and other evidence to prove his innocence at: http://www.innocentinprison.org/inmates/ohio/ anthonycioffi.html. To sign his petitions at: http://thepetitionsite.com/ 1/free-tony-cioffi-innocent-in-ohio-prison or www.gopetition.com/ online/20691.html The taxpayers of Ohio have been paying for over 11 years for the incarceration of an innocent man! We the people; on his petition site; demand that the Ohio courts review his injustice and set this innocent man free! I am looking for legal assistance from any lawyers, law students, or law professors. Thank you!

Tony Cioffi 332-078

PO Box 8000

Conneaut, OH 44030

CA 3, Strikes law is being used as a guise and pretext to commit the odious scheme of ethnic cleansing and socioeconomic discrimination.

I was illegally railroaded and convicted of P.C. 211 and two prior Counts of CRS 18-4-302 without any substantial bases other than the fact I met the targeted profile and refused to agree to 14 year plea deal. I was sentenced to 25 years to life instead.

Magistrate report and recommendation H.C. pending sense November 2006, case # CV-06-4774-PSG (JC) I do not want to die in prison help me please!

Christopher J.R. Ewing #V-39522 Centinela State Prison B5-147

PO Box 911

Imperial, CA 92251

Dear Attorney At Law,

I am writing you this letter in hopes that you will represent me in my legal appeal. I am now 29 years old and I have been in prison since I was 16 years old. I am incarcerated for 8 counts of robbery, 3 counts of arm criminal action, 2 counts of assault and one count of kidnapping for driving a victim two blocks. I went to trial and the jury recommended a range of sentences of thirty years, fifteen years, and five years. It was up to the judge to run the sentences concurrent and consecutive. The judge acted biased as a result of extra-judicial reasons and ordered the sentences to run consecutive for a total of two hundred and forty one years. It must be noted that I was a juvenile at the time of the crime and no one was seriously injured. All of my formal appeals are exhausted and I am trying to get some form of legal relief in order to get my sentences ran concurrent into 30 years. I can file for clemency (sentence commutation) or I can get a re-sentencing hearing based on the fact that the judge was biased at my sentencing hearing. I am indigent and need legal assistance. Therefore, if you could please look into my case and see if you might be able to offer me some legal assistance or refer me to someone who can. It would be greatly appreciated. Thank you for your consideration on looking over this letter, I look forward to hearing from you soon. Bobby Bostic 526795

SCCC

255 West Highway 32

Licking, Mo. 65542

"FREE" JOE SIMON CEASAR

Innocent man needs you help, assistance and donations to get legal help, stamps, writing paper, note pads, pens, envelopes and resource materials.

Joe Simon Ceasar has been incarcerated for over 12 years for a crime he did not commit and could not have committed according to the STATE'S EXPERT WITNESS. Yet, the D.A. got a 20 year conviction against the Proof of Joe's innocence by the District Attorney's own Expert Witness. Please help get Justice and this conviction overturned. It could be \underline{YOU} or a loved one in here. Thank you and GOD BLESS.....

"Free" Joe Simon Ceasar; #939824

Bostick State Prison; D8-22; PWM

P.O. Box 1700-EF-381323

Hardwick, Georgia 31034-1700

Help! I am unlawfully detained. My case is in Superior Court by way of pro-se work. I am in the appeal process an am also pursuing a 1983 civil action claim against the police. I have no experience but two strong cases for victory. Please assist me and be a part of it.

Jacob Christie HQ1431

SCI Forest EB-2046

PO Box 945

Marienville, PA 16239

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STORIES OF THE PROPHETS

Every messenger gave the same message. Even those you do not know.

MOSES (cont.)

The history of Moses begins with a revelation to his mother to cast the child into the river, where he is picked up by Pharaoh's people (20:38,39; 28:7,8), and brought up by Pharaoh (26:18). When grown up, he finds one day an Israelite being oppressed by an Egyptian and strikes the Egyptian with his fist in order to save the Israelite. The Egyptian is accidentally killed, and Moses, on being informed that he cannot expect any justice from the authorities, flies to Midian (28:14-21). There he meets Jethro, marries his daughter, and after ten years goes back to Egypt (28:22-29). On his way back, he is called to the office of a prophet (19:52; 20:11-14; 27:8,9; 28:30; 79:15, 16), and sees in a visionary state that his staff has become a serpent and his hand is white (20:17-23; 27:10-12; 28:31,32). He is commanded to go to Pharaoh and to demand the deliverance of the Israelites (7:103-105; 20:46-48; 26:15-17; 44:18). He asks for a helper, Aaron his brother (20:25-35; 26:12-14; 28:33,34). Pharaoh has a discussion with him (20:47-55; 26:18-31). A secret believer from among Pharaoh's people argues on behalf of Moses (40:28-45). Pharaoh demands signs, and the two signs of the staff and the hand are shown (7:106-108; 26:32,33; 79:20). Pharaoh calls to his aid the enchanters, whose tricks do not avail aught against Moses (7:113-126; 10:80-82; 20:60-73; 26:38-51), and they believe in him (7:120,121; 20:70; 26:46-48). Moses then shows other signs (7: 130, 133), nine in all (17: 101). Every time that distresS befalls Pharaoh he requests Moses to pray for its removal, promising to believe when it was removed, but fails to keep his promise (7: 134, 135; 43:49,50). Moses exhorts his people to patience and prayer (7:128; 10:84). He is ultimately commanded to leave Egypt and crosses the sea, while Pharaoh and his hosts are drowned (2:50; 7:136; 10:90; 20:78; 26:52-66).

He then retires to the mountain for forty days to receive the law (2:51; 7:142-145; 20:83,84), and the Israelite leaders with him demand that God should be shown to them manifestly (2:55). Moses prays to God that He may show Himself to him (7:143). A severe earthquake overtakes Moses and his companions (7:143,155), and they fall down in a state of swoon. Moses recovers (7:143) and prays for his companions (7:155), who are restored to their senses (2:55,56). Moses is given the Torah (7:142-145), the book being revealed to him as books were revealed to other prophets (2:53; 6:91). On his return, he finds people worshipping the image of calf which they had made in his absence under the directions of one called Santin (2:51; 7:150; 20:86-90). Aaron had warned them of their error before the coming of Moses, but they did not give it up (20:90, 91). The image is burned and the ashes are scattered in the sea (20:97). Moses orders his people to slaughter a cow which they were unwilling to do and obeyed the order after much quibbling (2:67-71). His own people make false imputations against him (33:69; 61:5). He asks his people to march on the Holy Land but they refuse and are made to wander in the wilderness for forty years (5:21-26).

I have given some of the more important details of Moses' life. Many other details are met with which the reader can see for himself. It would be noted that there are here some very important differences with the Bible narrative; for instance, Moses is not shown to be guilty of the murder of the Egyptian, his death being only accidental. According to the Bible, Moses received the Torah in the form of tablets written by the hand of God, and the writing was writing of God, "graven upon the tablets." (Ex. 32:16) According to the Holy Qur'an, the Torah was revealed to Moses in the same manner as books were revealed to other prophets and as the Qur'an was revealed to Prophet Muhammad: "Who revealed the Book which Moses brought?" (6:91); "We have revealed to thee as We sent revelation to Noah and the prophets after him ... and to Moses Allah addressed His word, speaking (to him)" (4:163,

References: History of the Prophets (As narrated in the Holy Quran compared with the Bible), Maulana Muhammad Ali





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